

# Texas Foster Youth Justice Project

[www.TexasFosterYouth.org](http://www.TexasFosterYouth.org)

## A Guide For Those "Aging Out" Of Foster Care In Texas

Third Edition



# 2012 EDITION

## About the Texas Foster Youth Justice Project

The Texas Foster Youth Justice Project helps current and former foster youth in Texas. We help foster youth understand their legal rights. We provide legal advice, assistance, guidance and representation in enforcing foster youth rights and resolving legal problems. We also educate the general public about the legal needs and concerns of foster youth. Texas RioGrande Legal Aid created the Texas Foster Youth Justice Project in 2007 with the support of Travis County Women Lawyers Association and the Texas Supreme Court's Permanent Judicial Commission for Children, Youth & Families with additional funding provided by the Texas Access to Justice Foundation. This guide was made possible through a collaboration of Texas C-BAR and generous volunteers from Skadden, Arps, Slate, Meagher & Flom LLP.

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# TABLE OF CONTENTS

## Table of Contents

<b>INTRODUCTION .....</b>	<b>1</b>
<b>YOUR RIGHTS IN FOSTER CARE .....</b>	<b>3</b>
Access to Records, Your Caseworker and the Court System .....	4
Visiting Your Brothers and Sisters .....	5
Open a Bank Account and Save Money .....	5
Participation in the Preparation for Adult Living (PAL) Program.....	5
<b>GETTING READY TO LIVE ON YOUR OWN .....</b>	<b>7</b>
“Aging Out” and Extended Foster Care.....	7
Trial Independence Period .....	10
Extended Court Jurisdiction .....	12
Planning for Your Life after Foster Care .....	13
Circle of Support.....	14
Transition Plan Meetings.....	14
Preparation for Adult Living (PAL) Program.....	15
PAL Benefits for Aged Out Foster Youth.....	17
Other Resources .....	23
<b>EDUCATION .....</b>	<b>25</b>
High School.....	25
Individual Education Plans (IEP).....	26
General Education Development (GED) Certificate.....	26
After High School .....	28
Applying for College and Vocational Schools .....	28
Financial Aid .....	29
State Tuition and Fee Waiver.....	30
Educational Training Voucher (ETV) Program.....	30
Other College Financial Assistance .....	31
Learning a Profession Outside of College.....	32
Mentors.....	32

# TABLE OF CONTENTS

<b>EMPLOYMENT .....</b>	<b>33</b>
Training.....	33
Job Assistance Programs.....	33
Finding a Job.....	36
Employment Issues.....	37
Savings.....	39
Taxes.....	40
<b>FINDING A PLACE TO LIVE .....</b>	<b>43</b>
Housing Benefits to Youth Leaving Foster Care.....	44
Transitional Living Allowance and Aftercare Room and Board.....	44
Fair Housing .....	46
Renting and Your Rights.....	46
Utilities .....	52
<b>MARRIAGE, DIVORCE AND CHILDREN .....</b>	<b>53</b>
Marriage Laws .....	53
Parental Rights and Responsibilities.....	54
Abuse.....	55
<b>HEALTHCARE AND PUBLIC BENEFITS .....</b>	<b>57</b>
Transitional Medicaid .....	57
Health Insurance for Children and Pregnant Women .....	58
Private Healthcare Coverage .....	59
Food Stamps.....	59
Temporary Assistance for Needy Families (TANF) .....	60
Social Security and SSI Benefits .....	60
Other Healthcare Resources .....	61
<b>IDENTIFICATION DOCUMENTS:</b>	
<b>Driver's License, Birth Certificate, Photo ID and Social Security Card .....</b>	<b>63</b>
Getting a Driver's License While in Foster Care .....	63
Driver's License – Under Age 18.....	64
Driver's License – Age 18 and Older.....	64
Identification Card .....	64

# TABLE OF CONTENTS

<b>SPECIAL IMMIGRATION JUVENILE STATUS AND GREEN CARDS .....</b>	<b>65</b>
<b>SELECTIVE SERVICE – MANDATORY REGISTRATION FOR MEN .....</b>	<b>67</b>
<b>VOTING .....</b>	<b>69</b>
Voting Information .....	69
<b>CRIMINAL LAWS FOR THOSE UNDER 18 .....</b>	<b>71</b>
Smoking.....	71
Tattoos.....	71
Curfews .....	71
Criminal and Juvenile Records.....	72
<b>DRINKING LAWS .....</b>	<b>73</b>
Underage Drinking .....	73
Penalties for Providing Alcohol to a Minor .....	73
Zero Tolerance Law .....	74
<b>MANAGING YOUR MONEY AND BANKING .....</b>	<b>75</b>
Picking a Bank or Credit Union.....	75
Opening an Account .....	75
Checking and Savings Accounts.....	76
Credit Cards and Debit Cards .....	77
Money Orders .....	78
Payday Loans, Check Cashing, and Pawn Shops.....	78
<b>CREDIT .....</b>	<b>79</b>
Why does credit matter? .....	79
What is a credit report?.....	79
What is a credit score?.....	80
Correcting Credit Reports and Fixing Bad Credit Scores .....	80
<b>APPENDIX A – Rights in Foster Care .....</b>	<b>81</b>
<b>APPENDIX B – DFPS Regions .....</b>	<b>85</b>
<b>APPENDIX C – Court Checklist for Youth Aging Out of Foster Care .....</b>	<b>87</b>
<b>APPENDIX D – Useful Resources .....</b>	<b>89</b>





# Introduction

As you get ready to leave the foster care system, you may have mixed emotions—excited about becoming an adult but scared or confused about being on your own. These feelings are normal for all young adults. Even though you are about to live on your own, you are not alone. There are many people willing to help you succeed.

You probably have many questions about leaving foster care, like: Where will I live? Can I go to college? How will I pay for school? What if college isn't for me? What type of job do I want? How will I pay bills?

Without planning, these questions could really make you feel nervous and overwhelmed. But, as any responsible adult knows, careful planning is the key to success. It is never too early to plan your exit from foster care. With some focus and support from others (like family, friends and caseworkers), you *will* succeed living on your own.

This manual is designed to give you an overview of the things that you must think about as you get ready to leave the foster care system. This manual is written for youth in the Texas foster care system who are either U.S. citizens or legal residents—if this does not describe you, then you should talk to your own caseworker about what you need to do before you leave foster care about your legal status and contact the Texas Foster Youth Justice project for advice on your immigration situation before you leave foster care. While some of the things you need to do may seem challenging, we want you to know that there are supportive people and groups (including in the government) that are ready to help.

Because this manual cannot cover everything and laws are always changing, if you have questions you may talk to your caseworker, PAL staff and the various governmental agencies to find out how these laws apply to you and your plans. Throughout this manual, we provide the contact information for the groups that we discuss. If you want to see the actual laws and rules and procedures, you can go to <http://www.statutes.legis.state.tx.us/> for the Texas Family Code (most provisions are in chapters 263 and 264), the CPS handbook at <http://www.dfps.state.tx.us/handbooks> (most provisions are in section CPS 10000) and the Texas Administrative Code at [http://info.sos.state.tx.us/pls/pub/readtac\\$ext.viewtac](http://info.sos.state.tx.us/pls/pub/readtac$ext.viewtac). The Texas Foster Care Handbook for Youth “Access Granted” also has valuable information, you can find it on the CPS web site for foster youth, Texas Youth Connection at [http://www.dfps.state.tx.us/txyouth/hot\\_stuff/default.asp](http://www.dfps.state.tx.us/txyouth/hot_stuff/default.asp). Of course, the Texas Foster Youth Justice Project and its volunteers are always available to help you out as well.

Finally, please give us your comments about this manual and tell us about the things you went through as you left the Texas foster care system. We want to know what this manual is missing and how we can improve this manual in the future.

The Texas Foster Youth Justice Project can be reached at (877) 313-3688 or [info@texasfosteryouth.org](mailto:info@texasfosteryouth.org).



## Your Rights In Foster Care

Before talking about your exit from foster care, we want to remind you of the rights that you have as long as you are in foster care. The most basic rights protect your general well-being, like the rights to:

Live in a safe, comfortable and healthy home where you are treated with respect, with your own place to store your things and where you receive healthy food, adequate clothing, and appropriate personal hygiene products;

Be free from physical, sexual, emotional and all other abuse;

Attend religious services and activities of your choice; and

Make and receive confidential and uncensored telephone calls and send and receive confidential, unopened and uncensored mail, unless a judge or your caseworker does not allow this.

Be free from physical punishment;

Receive adequate medical, dental, vision and mental health care, and, once you turn 16, to make some decisions about your healthcare;

You can find a list of your rights while in foster care in Appendix A. We also discuss some other rights below.

If any of your rights are being violated, you may talk to your caseworker, a teacher or another adult that you trust. If you still feel that any of your rights have been violated or ignored after you have talked with one of those people, you may contact the Texas Department of Family and Protective Services (or DFPS) at (800) 720-7777. DFPS manages the foster care system in Texas—you may know it as Child Protective Services or CPS. If you or someone you know is being abused, you can call 911 in an emergency. To report abuse or neglect that is not an emergency, you can call (800) 252-5400 or make a report online at [www.txabusehotline.org](http://www.txabusehotline.org). The Texas Foster Youth Justice Project is available to provide free and confidential legal services. You can call us at (877) 313-3688, or e-mail us at [info@texasfosteryouth.org](mailto:info@texasfosteryouth.org).

# YOUR RIGHTS IN FOSTER CARE

## Access to Records, Your Caseworker and the Court System

If you are at least 10 years old, then you have the right to see your DFPS case record. A case record includes all records that DFPS has about you and your placement in foster care. It also includes any information about any reports that you have been abused or neglected.

Once you are 18 years old, you can request a copy of your CPS records from DFPS. While you can do this on your own, many former foster youth report that they never get their records, so it is better to seek the free assistance of the Texas Foster Youth Justice Project at (877)-313-3688. If you want to do it on your own you need to fill out

a Form 4885-G, Request for Case Records, which you can find at: <http://www.dfps.state.tx.us/policies/Personcaserecord.asp>, along with other information about obtaining the records. You should then mail it certified mail, return receipt requested, to Department of Family and Protective Services, Attn: RMG (Y-937), P.O. Box 149030, Austin, Texas, 78714-9030. You are entitled to one free copy of your records and DFPS has the right to black-out certain information which is considered confidential by state law. It can take a long time, even years, and you need to send in updates of your address if you move.

DFPS records are confidential—this means that they are private.<sup>1</sup> In most cases, only you and your caseworker may look at your DFPS records unless a court orders that someone else can see them. Courts will let others see your records only if they think it's for your benefit. There are a few important exceptions. For example, medical information may be shared with your doctor.

Some people, including your parent or foster parent, may get a copy of your records without a court order. Anyone who looks at any part of your DFPS records must keep it confidential. You may talk to your caseworker about what personal information is being shared with other people.

<sup>1</sup> §261.201(a) of the Texas Family Code

As a foster youth, you have the right to contact your caseworker, Court Appointed Special Advocate (or CASA), juvenile probation officer or attorney ad litem (the attorney that represents you) at any time, even if you are in an RTC. You have the right to meet with your caseworker in person on a regular basis and you have the right to report any problems to your caseworker. If you are in a Texas Juvenile Justice Department (formerly called Texas Youth Commission) facility as a foster youth, your caseworker and attorney ad litem must check in with you and the court should continue to hold regular hearings and get reports about you.<sup>2</sup>

<sup>2</sup> §263.501(g) and §263.502(c)(8).

You have the right to be at your court hearings and speak with the judge.<sup>3</sup> Many foster youth have concerns about not attending court hearings; you can find out more information [http://www.texasfosteryouth.org/attending\\_court\\_hearings.html](http://www.texasfosteryouth.org/attending_court_hearings.html) and contact the Texas Foster Youth Justice Project for assistance. A judge is required to review your case every six months while you are in foster care and make sure CPS is doing what it is supposed to do. Court hearings are important times to let the court know about any concerns or unresolved matters and hopefully get orders for CPS to take care of certain matters. If you feel your concerns are not being addressed promptly, don't be shy about politely letting the judge know about it at the hearing and ask for responsibilities to be assigned and deadlines to be set. Be sure you attend the last hearing held before you plan to leave foster care so you can ask the judge and your

<sup>3</sup> §263.501(f).

caseworker any questions that you have about leaving foster care and your rights to additional help and you can bring up any matters of concern. Ask your caseworker about this hearing well in advance so you can be prepared. Also, the court must keep your court case open past your 18th birthday; this is called Extended Jurisdiction and you can read more about it on page 7.

## Visiting Your Brothers and Sisters

While in foster care, you generally have the right to visit your family and other people (like teachers, people at your church, trusted adults and friends) unless a judge decides that it is not in your best interest to visit any of these people. Before your final court hearing, you should talk to your caseworker and attorney ad litem about asking the court to give you rights to visit your brothers and sisters after you turn 18 years old. You can also ask the judge to give you these rights at the final hearing, but it is best to work this out with your caseworker and attorney ad litem before that final hearing.

If you do not know where your brothers and sisters are or have not been given the chance to visit your family (including your brothers and sisters), then you should ask your caseworker and your attorney ad litem, CASA worker or guardian ad litem, and judge and to provide you with information about them and their whereabouts and why there might be restrictions on you seeing them. Once you leave foster care, the PAL program (see page 9 for internet link to PAL staff) should be able to help you find siblings who are still in foster care or aged out of care in the last 5 years or so. You can also contact the Texas Foster Youth Justice Project.

## Open a Bank Account and Save Money

You may want to save your own money and have your own bank account. If you are under 18 years old, you will need your caseworker or other trusted adult's help with opening an account. However, the money in your account belongs only to you.

Learning how to save money is an important part of becoming an adult. You should discuss saving money with your caseworker. Some of the support you might be able to receive when you leave foster care will be affected by how much money you save. Generally, your support will not be affected if you do not have assets (meaning cash and property) worth more than \$10,000, or more than \$2,000 if you are receiving Supplemental Security Income (SSI). Usually, the value of a first car owned will not count as an asset but a 2nd car will.

See "Savings" starting on page 39 for more details.

### Participation in the Preparation for Adult Living (PAL) Program

If you are 16 years or older, you may (and should) meet with a PAL representative who will help you prepare for life after foster care. For more information about the PAL program, see "Preparation for Adult Living (PAL) Program" starting on page 15.



## Getting Ready To Live On Your Own

As the time for you to leave foster care gets closer, you may feel anxious and have many questions—such as where you will live, how you will support yourself, how you can continue to go to school, and what jobs are available. These worries are only natural. You should know, though, that there is support available to help you get ready to live on your own.

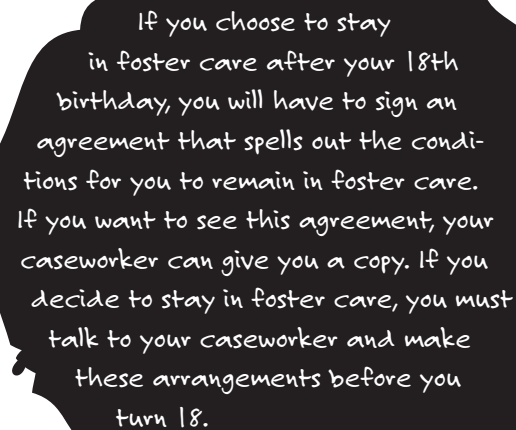
### “Aging Out” and Extended Foster Care

Once you turn 18, you are legally considered an adult and can choose to leave foster care. CPS no longer has control over you. However, leaving foster care may not be the best thing to do. Most youth, even those who did not age out of foster care, find it very difficult to live on their own. When you live on your own, you have to be able to pay for everything and handle all of the responsibilities. Most foster youth really struggle to do this. There is limited, short-term financial assistance available to aged out foster youth. (See page 44 for more information about the Transitional Living Allowance and Aftercare Room and Board.) You will not be able to continue to pay for things, like rent and utilities, without a stable job and careful planning.

If you choose to stay in foster care, or to return to foster care after turning 18, it is called Extended Foster Care. When you are in Extended Foster Care, you will have to follow the rules for the place you live. CPS will no longer have legal control over you; you will get to make your own decisions but must follow the requirements of Extended Foster Care. There must also be an available placement.

You can stay in the Extended Foster Care Program from the age of 18 until the last day of the month you turn 22 if you:

- Regularly attend high school or are enrolled in a program leading to a high school diploma or a high school equivalency certificate (GED).



If you choose to stay in foster care after your 18th birthday, you will have to sign an agreement that spells out the conditions for you to remain in foster care. If you want to see this agreement, your caseworker can give you a copy. If you decide to stay in foster care, you must talk to your caseworker and make these arrangements before you turn 18.

# GETTING READY TO LIVE ON YOUR OWN

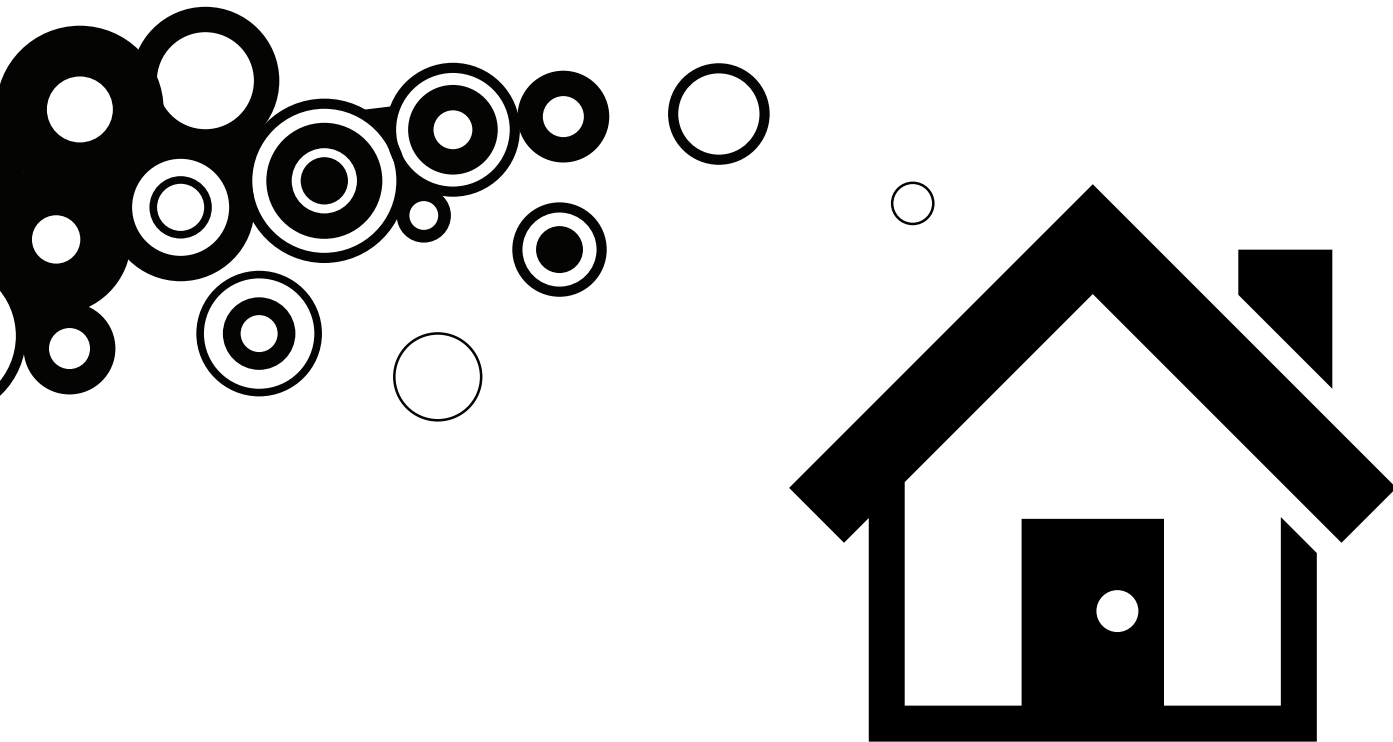
You can stay in the Extended Foster Care Program from the age of 18 until the last day of the month you turn 21 if you:

- Attend college or another institute of higher education, or a post-secondary vocational program or technical program. You must be enrolled for a minimum of 6 credit hours per semester.
- Participate in an employment program or activity that promotes or removes barriers to employment. This category can include a lot of activities. Talk to your caseworker and PAL staff about what things you could do that would help you improve your employment skills.
- Work at a job at least 80 hours a month.
- Vacation/Breaks between School Semesters. You can stay in Extended Foster Care from 1 to 3 ½ months after graduation from high school or a GED program before you start college or another post-secondary program, but you must have plans to start school the next regular session. You can also return to Extended Foster Care during vacation/breaks of your school program that are 1 to 4 months long. These breaks are a good time to get jobs, internships and volunteer experience. You have to begin classes once the next session starts.
- Cannot do any of the above activities because of documented medical condition.

You must continue to do these required activities to stay in Extended Foster Care, and if you don't, you will have to leave foster care. Just chillin' is not an option. Your caseworker should be meeting with you and discussing what you need to do to stay in foster care and there should be written plans in place. Let your caseworker and PAL staff know a.s.a.p. if you need help getting a job, or enrolling in school or a program or doing one of the above activities.







## **Return for Extended Foster Care**

Once you leave foster care, you might be able to return to Extended Foster Care. But Extended Foster Care is not guaranteed. CPS might not be able to find a placement for you, or find a placement in the area you want to live. Your former foster home may not have a spot open for you. If you have felony or misdemeanor convictions as an adult, or findings of child abuse or neglect, this will make it more difficult to find a placement for you.

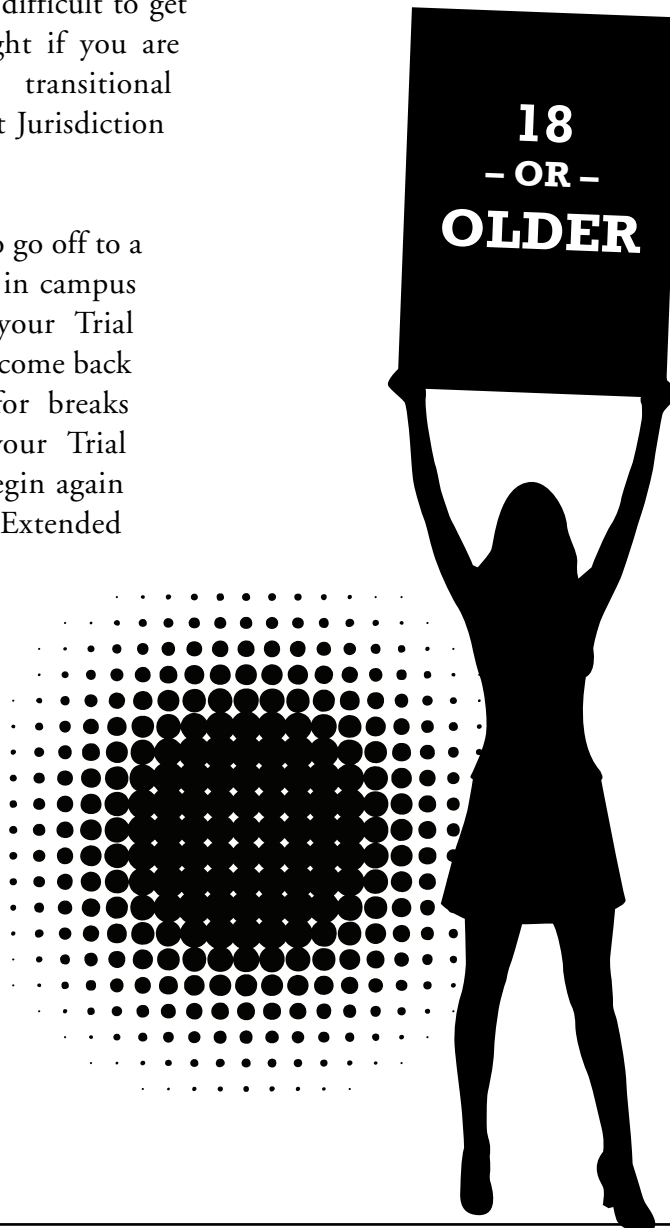
If you want to return for Extended Foster Care you should contact the regional PAL staff, which are listed on this website: [www.dfps.state.tx.us/Child\\_Protection/Preparation\\_For\\_Adult\\_Living/PAL\\_coordinators.asp](http://www.dfps.state.tx.us/Child_Protection/Preparation_For_Adult_Living/PAL_coordinators.asp) or you can contact the main CPS number to report abuse, 1-800-252-5400, and let them know you are an aged out foster youth who wants to return to foster care and need to contact regional PAL staff. You can also call the Texas Foster Youth Justice Project for assistance.

If you want to return to Extended Foster Care during breaks between school semesters of 1 to 4 months, be sure to contact CPS weeks ahead of time. Don't wait until the last minute!

### **Trial Independence Period**

When you leave foster care at age 18 or older, under state law you leave for a Trial Independence Period of 6 months (or up to 12 months with a court order). During this period you may be living independently and receiving other transitional living benefits such as the Transitional Living Allowance and Aftercare Room and Board, Education and Training Voucher (which you can even get while you are in foster care), After Care Case Management and Transitional Medicaid. You may later return to Extended Foster Care without losing your foster care eligibility. Your CPS court case stays open during trial independence. While you can return to Extended Foster Care after the Trial Independence Period is over, the court case will probably be closed. If the court case is closed, it may make it more difficult to get court assistance and oversight if you are having problems getting transitional services. See Extended Court Jurisdiction later in this section.

When you leave foster care to go off to a college where you are living in campus housing, you will be in your Trial Independence Period. If you come back to Extended Foster Care for breaks between semesters, then your Trial Independence Period will begin again when you once again leave Extended Foster Care for college.



Trial Independence Period can sound kind of scary and confusing; just keep in mind that it is a way of helping young adult foster youth return to Extended Foster Care and get extra help as they transition to independence. (It also is something CPS is required to do so it can get help from the federal government to pay for Extended Foster Care.) If you decide you don't want to be in Extended Foster Care, and don't want any assistance beyond the benefits available to foster youth who have aged out of care, nothing will happen. You don't have to do anything, except take the necessary steps to receive the benefits and services you want.

## **Limited Placement Options for Older Foster Youth**

Unfortunately, placement options for older foster youth, particularly those over age 18, are limited. CPS and others are working on developing more options that are better suited for young adults. But there may not be a spot for you to go if you want to return to Extended Foster Care, especially if you had some trouble in previous placements. You should think carefully about plans to leave care, and have enough money and guarantees of future income before you leave your current placement. This is very important if you are in school and/or at a place that you can stay at after the age of 18. It is better to save your limited transitional money for a time when you have detailed plans that are well underway. If you just suddenly move out of foster care with no means to pay your rent and other bills in coming months, you will have big problems. If you really don't want to stay in your current placement, but are open to other foster care options, talk to your caseworker and the PAL staff about what other options there might be. For example there might be a Transitional Living Program or a Supervised Independent Living Placement that you could get on the waiting list for. Or your caseworker could try to find other foster home placements that will open up in the future.

## **Leaving Foster Care**

When you decide to leave foster care, let your caseworker and PAL staff know far in advance. This will give them time to make the necessary arrangements and get your benefits started. Those youth who suddenly leave often may have some difficulties accessing benefits. You can also ask for the Court that oversees your CPS case to issue an order that says you are leaving foster care for a Trial Independence Period of 12 months, instead of the default of 6 months.

### **Extended Court Jurisdiction**

When you turn 18, the Court that oversaw your case while you were in foster care will continue to have authority to oversee the case for certain periods of time. If you stay in Extended Foster Care the Court is required by law to continue to oversee the case. Once you leave foster care, the Court still has authority over your case for 6 -12 months of the Trial Independence Period. The Court has this authority over the case during the Trial Independence Period in case you need court assistance during this time. It also has this authority so that CPS can more quickly assist you if you decide to return for Extended Foster Care. No hearings are required to take place during this time, and you CANNOT BE required to attend any hearing that the Court may choose to hold during this time. However, if there are problems or concerns, attending the hearing is a good idea. CPS will not be supervising your situation or maintaining contact with you during this time, unless you ask for some transitional living services such as the Transitional Living Allowance and Aftercare Room and Board, Education and Training Voucher, and After Care Case management. If your Trial Independence Period is ending and you do not want to return for Extended Foster Care but want the Court to keep its file open in case you need future Court assistance, you can ask the Court to keep jurisdiction over you up until you turn 21. Even if the court case is closed, if you need court assistance to get CPS to give you services, you can ask the Court to reopen the court case and extend jurisdiction, but you will probably need an attorney to do that.

The best way to let the Court know that you want your court case kept open until you are 21 or that you want a 12 month Trial Independence Period is to go to the Court hearings and let the Judge know. You should also let your caseworker, CASA and Attorney Ad Litem know. You can also submit a request in writing to the Court; be sure to include your full name, the name of the court and your court case number if you know it. Include your address and phone number on it.

Remember, at age 18 you are an adult and are no longer in the legal custody (conservatorship) of CPS. The Court can no longer tell you what to do or where to live. While Extended Court Jurisdiction might sound frightening, it really is a good thing for foster youth. It can help you complete or achieve your employment or education goals, address other important needs and resolve matters that CPS did not take care of, such as identification documents and sibling contact. You can go to the Court for help if you feel that CPS is not giving you the services and assistance that CPS should give you to help you become independent.

If you think you need the Court to help you get CPS to provide services or assistance, contact the Texas Foster Youth Justice Project.

## Planning for Your Life after Foster Care

Once you turn 16, you should meet with your caseworker to begin planning to leave foster care. (If your caseworker does not bring up the issue, then you should!) If you are confined in the Texas Juvenile Justice Department and you entered the facility while you were in foster care, you should still receive Preparation for Adult Living Program (PAL) program services and you are eligible for the services even if you are released after you are 18 and cannot return to foster care. Contact Disability Rights Texas at (800)252-9108 if no PAL services are offered in your facility or you need other other assistance as a confined foster youth.

Your caseworker should also work with your foster parents or caregivers, your attorney or guardian ad litem and the PAL staff or provider. During these meetings, you and your caseworker should figure out the things you need to plan for, talk about staying in foster care after your 18<sup>th</sup> birthday and go over the PAL program. You and your caseworker will also decide whether to create your “transitional plan” through the Circle of Support or Transition Plan Meetings.



### Circle of Support

If possible, you will have a Circle of Support that helps you plan for leaving foster care. The Circle of Support is a group of caring adults you would like to be part of your support system. These adults could be your foster parents, teachers, relatives, church members or other mentors. Your caseworker must approve your list before they are invited to join your Circle of Support. If you think you are going to go to live with family when you leave foster care, you need to let those planning your circle of support know that and let the court know you want support in exploring that as an option. A Circle of Support worker, who is different from your caseworker, will help with the Circle of Support process and meetings. You have a right to insist that your circle of support be planned in advance so those that you want to attend have time to make plans to come or participate by phone. You also have a right to insist that there be follow-up after the circle of support on action items.

Contact the Texas Foster Youth Justice Project if you are unhappy about the planning process or if there is no planning underway by the time you are 16 1/2.

### Transition Plan Meetings

If, for any reason, a Circle of Support can't be created, then your caseworker will set up Transition Plan Meetings. Transition Plan Meetings are similar to the Circle of Support, but at first will only be your caseworker and you. The goal of these meetings is to make a plan for you to live on your own. In addition, you will also work with your caseworker to develop a list of caring adults that can help.

## **Preparation for Adult Living (PAL) Program**

The Preparation for Adult Living (PAL) program is part of the Transitional Living Services program. These programs are designed to help with your transition from foster care. The program is supposed to help you figure out what skills you need to live on your own, teaching you those skills, and providing you with case management and limited financial assistance once you leave foster care. DFPS runs the PAL program and hires other agencies to provide additional services.

When you hear the word PAL, ask for more information about exactly who and what is being discussed. The term PAL is used to describe a lot of different activities in which staff and different agencies are involved. However PAL Staff are the main point of contact for services and resources related to transitioning out of foster care, including anything considered part of the Transitional Living Services Program.

The PAL Program provides services to current and aged out foster youth who are 16-21 years old. In some cases, 14 and 15 year olds can receive services as well. The program covers both youth currently in foster care and those who have aged out of care. However, what services you can get depend on whether you are currently in foster care or have aged out.

## **Independent Living Skills Assessment**

Around your 16th birthday, DFPS must measure how ready you are to live on your own by giving you an assessment called the Casey Life Skills Assessment. Someone who knows you well, such as a foster parent, staff person at your foster home, or your caseworker, also has to fill out an assessment about you. This must be done before you are 16 ½ years old and should be done before you take the Life Skills Training Class (often called the PAL class). The assessment will help you and your caregiver and caseworker determine your readiness to live independently, what your strengths are, and where you need more training and experience – such as developing money management skills, cooking and cleaning skills, and job skills. You should use this as an opportunity to figure out what else you need to learn so you will be prepared to live on your own.

### **How to Contact PAL (Preparation for Adult Living) Staff**

You can find the office that serves your area of the state by going to:

[www.dfps.state.tx.us/Child\\_Protection/Preparation\\_For\\_Adult\\_Living/PAL\\_coordinators.asp](http://www.dfps.state.tx.us/Child_Protection/Preparation_For_Adult_Living/PAL_coordinators.asp)

or searching for DFPS Preparation for Adult Living on the internet. Contact the office that serves the part of the state where you currently live. If the office tells you that they are not the correct PAL office or does not respond to your questions or assist you, contact the State PAL office at 512-438-5442.

### Life Skills Training Class

This is a class that is offered to all foster youth who are 16 and older. Often the class is referred to as PAL or PAL class, although it is only one part of the Preparation for Adult Living Program. The class helps train you to live independently and covers these 6 areas:

- Health and Safety
- Housing and Transportation
- Job Readiness
- Financial Management
- Life Decisions and Responsibilities
- Personal and Social Relationships.

This program covers at least 30 hours of training. Generally you will go to class for several weeks in the evenings or on the weekends. In some areas of the state the agency that is providing the training may have you come in for a week-end long program. This class introduces you to important things to help you start becoming independent but you must continue to work on these life skills once you complete the class.

**IMPORTANT!** You have to successfully complete the work for at least 5 of the 6 areas listed above, including financial management, to be eligible to receive the \$1,000 Transitional Services Allowance. You can find more information about Transitional Service Allowance beginning on page 44. Once you leave foster care, it will be too late to take the class and become eligible. Contact your regional PAL staff if you have not been scheduled for a class before your 17th birthday or if your placement is not taking you to the class.



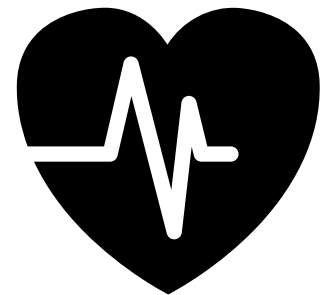
In certain situations, you can be approved by the DFPS Preparation for Adult Living Program to complete the Life Skills Training Class with an independent study guide. The independent study guide requires that an adult work closely with you and oversee and assist you with completing the various projects and tasks. Generally the class is a better option but if you have not completed some or all of the class areas listed above and you are scheduled to leave care and it won't be possible for you to be placed in a class before you leave care, you should request that you be given the independent study guide option. Be sure to plan and ask ahead of time as it will take time to complete the study guide.

## **Financial Services**

Transitional Living Allowance and Aftercare Room and Board are two forms of financial assistance you may be able to receive once you leave foster care. You can find more information about these benefits beginning on page 44 in the Finding a Place to Live section.

## **Health Care Benefits**

Transitional Medicaid and Former Foster Care in Higher Education- FFCHE are two health insurance programs for aged out foster youth that PAL Staff can help you access. See the Health Care section beginning on page 57 for more information.



## **Case Management for Aged Out Foster Youth**

Once you leave foster care, you can have a case manager work with you to help you as you transition to independence. until you turn 21. Generally the case manager will work for a private agency that has a contract with CPS. Different parts of the state have different agencies. The case manager can help you access benefits, locate housing, seek employment and job training, apply for college or other education options and apply for financial aid, plan for becoming able to successfully live on your own, budget your money, and much more. It will be up to you whether you want to use the services of the case manager. If you need help getting case management services, contact the regional or state Preparation for Adult Living office.

## **Educational /Vocational and Supportive Services**

All youth, whether in foster care or out, and whether over 18 or not can receive assistance from the PAL staff with:

- Obtaining Tuition Waiver letter,
- Providing information about applying for Education Training Voucher (ETV) Program, and
- Assistance in applying for college or other education options and applying for financial aid.

You can find more information about the Tuition Waiver and ETV beginning on page 30.

Additional services that can be available to foster youth based on need and funding availability:

- Vocational assessments and/or training,
- GED classes,
- Preparation for college entrance exams,
- Driver education,
- High school graduation expenses,
- Identification documents
- Counseling, and
- Volunteer mentoring programs.

## **Transition Planning Assistance**

Regional PAL staff should provide important transitional services for youth who are still in foster care. Someone from the PAL office, often called a PAL Staff or PAL Coordinator should be available to assist you and your caseworker as you prepare to transition. Regional PAL staff should participate in transition planning, assist in identifying and accessing regional education, employment and housing resources including, helping with problems getting identification documents, providing guidance in applying for higher education programs and applying for financial aid and more.

## **Other Preparation for Adult Living Program Activities**

**Statewide Teen Conference** - The Statewide Teen Conference is held each year at a college campus. Youth must go with an adult sponsor such as your caseworker or PAL Staff. The three-day conference includes workshops on issues that foster youth preparing for adulthood have to deal with.

**Statewide Youth Leadership Council** - The Statewide Youth Leadership Council consists of two current or former foster care youth from each region. The youth give input and a youth perspective for developing policy and programs. They make recommendations to improve services for children and youth.

**Regional Youth Leadership Council** – Some CPS regions have a youth leadership councils. To find out what is happening in your region, go to the events section of Texas Youth Connection: [www.dfps.state.tx.us/txyouth/events/](http://www.dfps.state.tx.us/txyouth/events/).

**Regional Activities** - From time to time, there may be other activities in your area, like teen conferences, visiting colleges, wilderness trips, mentor programs, support groups, job development workshops and youth forums.

If you are interested in attending any of the statewide or regional events or have questions about services or resources, please contact your regional PAL Staff. and let your caseworker know as well.

## Transition Centers

Transition Centers are one-stop places to serve the many needs of older foster youth and aged out foster youth. Often they provide services to other older youth, such as homeless youth, other at-risk youth and young adults, sometimes up to age 25. Current and former foster youth can use the Transition Centers. The Transition Centers serve as central locations for services such as Preparation for Adult Living Program (PAL), job readiness, job search help, exploring job options, help with enrolling in college, help with applying for financial aid, including Education and Training Voucher, help in enrolling in GED programs, getting the benefits available to aged out foster youth, help with housing, help with identification documents and mentoring. Some Transition Centers may link with community agencies to provide many other services such as substance abuse, mental health counseling, and leadership training.

What services a Transition Center offer varies at each center. The best way to find out what your Transition Center offers is to visit it and get to know the staff. As part of planning your transition from foster care, be sure you get to visit the Transition Center. And remember, if you move to a different part of the state, there may be a Transition Center there you can use. Even if you don't live near the Transition Center, or can't easily get to it, you should call the center and find out more about what they do and how they can help you. As an aged out foster youth, if you run into difficult times, go to or call the Transition Center.

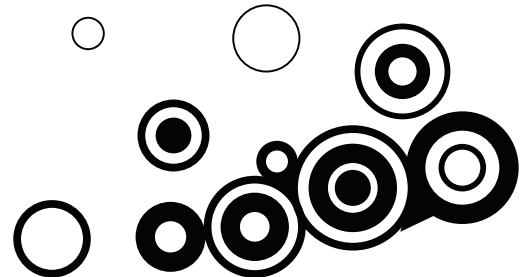
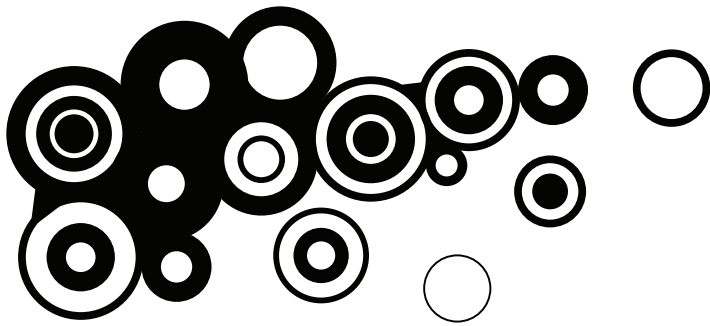


## Transition Centers

This is a list of current Transition Centers in Texas at the time this Guide was published. But there be new ones or changes to the ones on the list in the future; the number of Transition Centers have grown a lot in the last few years. For a list of the most current Transition Centers, check Texas Youth Connection Resources Local [www.dfps.state.tx.us/txyouth/resources/local/default.asp](http://www.dfps.state.tx.us/txyouth/resources/local/default.asp) or contact the regional or state DFPS Preparation for Adult Living (PAL) office. See page 15 For information about how to contact PAL staff.

<b><u>REGION</u></b>	<b><u>NAME OF CENTER</u></b>	<b><u>PHONE</u></b>	<b><u>WEB</u></b>
<b>Abilene Area</b>	BCFS Transition Center	(325)692-0033	<a href="http://www.bcfs.net/NetCommunity/Page.aspx?cpid=826">http://www.bcfs.net/NetCommunity/Page.aspx?cpid=826</a>
<b>Austin Area</b>	LifeWorks	(512) 735-2425 or (512) 324-6885	<a href="http://www.lifeworksaustin.org">www.lifeworksaustin.org</a>
<b>Beaumont Area</b>	Fostering Youth Independence (FYI) Center	(409) 833-1971	<a href="http://fyicenterbeaumont.org">fyicenterbeaumont.org</a>
<b>Belton, Temple, Killeen Area</b>	Central Texas Youth Services Project Future	(254) 933-2707 Belton, (254) 634-0117 Killeen	<a href="http://www.centraltexasyouthservices.org">www.centraltexasyouthservices.org</a>
<b>Corpus Christi Area</b>	Foster Youth Life Investment Partners (FYLIP)	(361) 334-2010	<a href="http://www.fylip.org">www.fylip.org</a>
<b>Dallas Area</b>	Transition Resource Action Center (TRAC)	(866) 466-8722 – Toll free (214) 370-9300 – Dallas	<a href="http://www.traconline.org">www.traconline.org</a>
<b>El Paso Area</b>	El Paso Pride Center	(915) 533-4200 or (915) 533-4233	<a href="http://www.elpasohumanservices.org/pridecenter">http://www.elpasohumanservices.org/pridecenter</a>
<b>Fort Worth</b>	Transition Resource Action Center (TRAC)	(866) 466-8722 Toll Free or (817) 882-9162	<a href="http://www.traconline.org">www.traconline.org</a>
<b>Houston Area</b>	Houston Alumni and Youth (HAY) Center	(713) 884-3300	<a href="http://www.haycenter.org">www.haycenter.org</a>
<b>Kerrville Area</b>	BCFS Kerrville Transition Center	(830)896-0993	<a href="http://www.bcfs.net">http://www.bcfs.net</a>

<u>REGION</u>	<u>NAME OF CENTER</u>	<u>PHONE</u>	<u>WEB</u>
<b>Longview Area</b>	Developing Opportunities, Realizing Success (D.O.R.S.) Youth Transition Center	(903) 803-0100 (903) 803-0105	<a href="http://www.dorsytc.org">www.dorsytc.org</a>
<b>Lubbock Area</b>	BCFS Transition Center	(806) 792-0526	<a href="http://www.bcfs.net/NetCommunity/Page.aspx?cid=826">www.bcfs.net/NetCommunity/ Page.aspx?cid=826</a>
<b>Rio Grande Valley</b>	BCFS Health and Human Services	(None Available)	(None Available)
<b>San Angelo Area</b>	Concho Valley Transition Center	(325) 655-3821	<a href="http://www.conchokids.org/index_files/YouthTransitionCenter.htm">www.conchokids.org/index_files/ YouthTransitionCenter.htm</a>
<b>San Antonio Area</b>	BCFS Transition Center	(210) 733-7932 – San Antonio	<a href="http://www.bcfs.net/netcommunity/page.aspx?cid=826">www.bcfs.net/netcommunity/ page.aspx?cid=826</a>
<b>Tyler Area</b>	BCFS Tyler Transition Center	(903)732-4601	<a href="http://www.bcfs.net/NetCommunity/Page.aspx?cid=826">http://www.bcfs.net/ NetCommunity/Page.aspx?cid=826</a>



## Other Resources

Texas Youth Connection is a project of Department of Family and Protective Services that works with foster youth and youth who are looking for general tips and information.

Visit [www.texasyouthconnection.org](http://www.texasyouthconnection.org) for more information.

Texas Youth Connection provides information about:

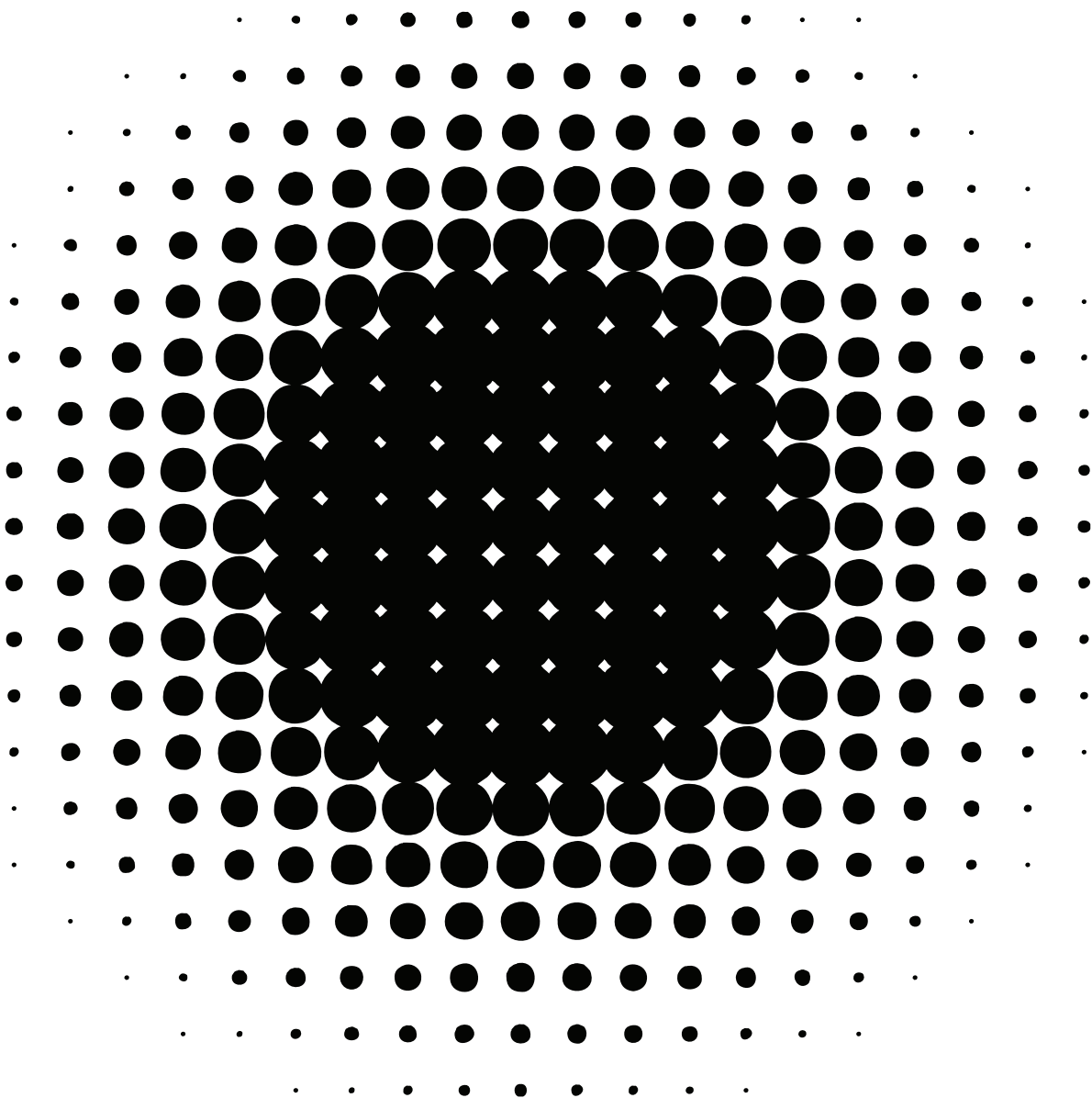


The Texas Youth Hotline is another place foster youth and former foster youth who are under 21 years old can go for help. You can call the hotline at (800) 98-YOUTH, ((800) 989-6884) and get telephone counseling, information, referrals and help with finding services in your area for young adults.

You should also talk to other sources, like guidance counselors at your current or former high school and people who have already graduated.

## 211

Dialing 211 is a way to connect with health and human services in your community. You can also visit [211Texas.org](http://211Texas.org) to access health and human services programs information.





## Education

### High School

Finishing high school or earning a GED certificate before you age out of foster care is very important. In fact, this is probably one of the best things that you can do to help yourself prepare to be an adult and improve your employment options, pay and future educational and training opportunities. You can attend public high school in Texas up until age 21. If you are under 21 on September 1, you can enroll for the school year and complete that school year. Some school districts allow even those over 21 to attend school. You can also stay in foster care up until the last day of the month you turn 22 if you are enrolled in high school. While the school district may limit what schools you can attend based on your criminal record or disciplinary history, you should contact the Texas Foster Youth Justice Project for help and guidance if you are being denied enrollment.

See “General Education Development (GED) Test” beginning on page 26 for information about getting a GED certificate.

Some school districts may have alternative programs to complete your high school education. In addition, as a foster youth you are also entitled to Credit Recovery, Accelerated Instruction, and access to the State Virtual School programs to help you more quickly complete high school. You should talk to your school counselor about these services and if the counselor is unfamiliar with these programs, ask to speak to the school district’s liaison for foster youth or homeless education liaison.

Some other important things to know about foster care and high school:

- If you move placements, you can continue at your old high school, even if your new home is in a different school district or attendance zone. However, it is up to you and your foster care placement to transport you to your old school.
- If you change schools due to a change in placements you can not be kept from participating in activities or sports because you have not lived there long enough. UIL (University Interscholastic League) residency requirements do not apply to foster youth.

### Education and Staying in Foster Care After Age 18

Extended Foster Care, staying in foster care after you turn 18, is a great way to work on educational goals. You can find more information about Extended Foster Care beginning on page 7. It can be very difficult to complete your education if you have to work or struggle to pay for housing and living expenses. There are not financial aid programs to pay for housing for young adults who are finishing high school or completing a GED. Even with financial aid, it can be very difficult to pay for housing and living expenses while you attend college or vocational schools.

### **Individual Education Plans (IEP)** *(If you are NOT in special education, then this section does not apply to you.)*

If you are in special education, then you should have an IEP. If you are a student with learning problems or other disabilities and you do not have an IEP, please tell your caseworker, foster parents and school supervisors and request an evaluation to see if you qualify for special education. An IEP has many benefits that you should not miss.

An IEP is an individual education plan for youth in special education. This plan should be truly individual and specific to each student. Under law, every student who receives special education services must have an IEP to help the student meet his or her educational and social goals. If you are in special education, then your school system should schedule Admission, Review and Dismissal (ARD) committee meetings to review and revise your IEP. The ARD committee generally includes you, someone from the school system, your foster parents, a special education teacher, a regular education teacher, a person to help explain your evaluation results, a person to discuss services that will help you when you leave school, and anyone else with knowledge about you. You can invite people to come to your ARD committee meeting.

The IEP team must review your IEP at least once a year. You and your foster parents should also talk about your IEP at other times. You and your foster parents can request changes to your IEP at any time.

Beginning at age 16, your IEP must list the services that you will need to help you get ready to leave school. These services should focus on your specific needs and interests and can include plans for more education or training, social skills development and help finding and keeping a job. If you do not feel that your IEP is meeting your goals, you should talk to your caseworker.

### **General Education Development (GED) Certificate**

If you don't finish high school but still want a high school diploma, you should contact your old high school about whether you can take classes that would let you finish. If that option does not work for you, then you should think about getting a GED certificate. If you are struggling in school, you will probably need to take a lot of classes to prepare to take the GED test and do a lot of studying.

The GED certificate shows that you have learned the skills that would have let you graduate from high school. Most employers and many colleges view a GED certificate the same as a high school diploma. People who do not have their GED certificate or high school diploma usually have a harder time finding a job and get paid less than people who have a GED or high school diploma.

To get your GED certificate, you must pass five tests in reading, writing, math, science and social studies and get an overall passing score. The test is given over two days and is available in English and Spanish. It is made up of multiple-choice questions and an essay. If you pass part of the test but not all of it, you may only need to retake the parts that you didn't pass. To take a retest, you must wait six months between tests or have a letter signed by a certified teacher stating that you should be allowed to retest before the end of the six-month period.

For information about the GED, contact the Texas Education Agency GED Unit at (512) 463-9292 or visit [www.tea.state.tx.us/ged](http://www.tea.state.tx.us/ged).

### Eligibility

You may take the GED test if you are:

At least 18  
years old, or  
meet other  
special  
requirements,

A resident of  
Texas,

Not enrolled in  
high school, and

Not a  
high school  
graduate.

### Registration and Costs

The GED exam is offered at many places all around Texas. To find the testing center nearest you, visit the “GED Test Centers” link at [www.tea.state.tx.us/ged](http://www.tea.state.tx.us/ged). Once you choose a testing center, you should ask the center for an application and ask about their fees. You can’t get your GED certificate over the Internet or by mail so register only at an *official* GED testing center. There are many dishonest companies pretending to be official test centers—so only pick a center listed on the TEA website. Test fees are different for each location and can range from \$50 to \$100 for first time test takers. You should talk to your caseworker to see if DFPS or another program can pay these fees for you. You should check with the place where you will take the test to see what identification and other things you will need to bring when you take the test.

### Test Preparation

As with any test, you should study before taking the GED exam. The PAL program offers help in preparing you for each of the GED tests.

There are many groups that offer free guides on the Internet to help you study for the GED test, including:

✦ GEDforFree offers a free GED Online Course ([www.gedforfree.com](http://www.gedforfree.com)).

✦ Diversified Computer Services offers free study material in English and Spanish ([www.gedonline.org](http://www.gedonline.org)).

## Sorting Out GED Options

To help you figure out if you can take the GED test and what resources are available for you to prepare for it, you can talk to your case worker, PAL Staff, Transition Center staff and after care case manager. If you are still in foster care, they can also contact the DFPS Education Specialist for your region about your options.

## After High School

If you already have your high school diploma or GED certificate—congratulations! That is an impressive and important accomplishment. You have already increased your ability to get a job and earn more money. But, you may not want to stop there.

You have probably heard that people with college degrees or vocational training earn a lot more than those with high school diplomas or GED certificates. If college or a vocational school interests you, do not be scared of the costs or of going back to school. There are many groups that will help you apply to these schools and there is a huge amount of money available to help you pay for this education.

If you have a physical or mental disability, the Texas Department of Assistive and Rehabilitative Services (or DARS) can help you with counseling, training and job placement assistance, as well as other services after you leave high school.

To help get you started on planning for life after high school, visit <http://www.twc.state.tx.us/customers/jsemp/training-education.html> for information about college, vocational school and job opportunities.

## Applying for College and Vocational Schools

If you are thinking about going to a college or vocational school, you must apply for admission. The application process will have strict deadlines. To be sure you don't miss these deadlines and to find out exactly what the schools will need from you, you should contact the admissions department at the schools of your choice as soon as possible. This is important because some types of information, like your Social Security card, a photo ID or immunization records, may take time to get if you do not already have them.

To go to college, you probably need to take either the ACT or SAT standardized tests. Schools usually want your test scores before the application deadline. You should speak with your caseworker and school guidance counselor about registering for and taking these tests in time to meet all deadlines. The PAL program may help you to pay for the costs of getting ready for and taking these tests. Your PAL coordinator can tell you more about that assistance.

For more information, see "Training and Placement Assistance If You Have a Disability" beginning on page 35.

## Financial Aid

Financial aid basically means money for paying for college or vocational school. There are many different types of financial aid that you may be able to get. Some aid may be based on need (in other words, based on how much money and income you have). Other financial aid is given based on grades, test scores, activities (like sports) or credit. There are grants and scholarships that don't have to be repaid, loans that you must repay after you graduate, and work-study programs that let you work part-time at the school. Most Texas Foster youth can go to a Texas public college or vocational/technical school for free! (See "State Tuition and Fee Waiver" on page 30.)

Basically, you should not let money stop you from going to college or vocational school. This is true even of private schools that you may think are too expensive. There are billions of dollars of financial aid available, but you will need to ask and do some work to find it. The financial aid departments at the schools in which you are interested can help you find these funds. For more information, you can also visit [www.studentaid.ed.gov](http://www.studentaid.ed.gov), [www.edfund.org/students](http://www.edfund.org/students) or [www.fastweb.com](http://www.fastweb.com). You may also want to visit <http://www.twc.state.tx.us/customers/jsemp/training-education.html> and <http://www.dfps.state.tx.us/txyouth/education/financial.asp> for helpful information about financial aid programs.

To apply for financial aid, your first step is to fill out one of the following forms: FAFSA or TASFA. FAFSA stands for Free Application for Federal Student Aid. It is free to apply. No matter how many schools you are applying to, you only need to fill out one FAFSA application. Once your application is processed, you and the schools you have selected will be notified of the results and the schools can then start figuring out what financial aid is available to you. It is very important that you return your FAFSA as soon as possible after January 1<sup>st</sup> for the following school year because the sooner you send in your FAFSA, the better your chances of getting financial aid. It is very important that you get help filling out the FAFSA by someone who is familiar with how foster youth should fill it out. There are some questions about foster care and ward of the court that need to be answered a certain way to help you get the most financial aid. You do not need to include the income of your foster parents or other relatives! PAL staff, your after care case manager, Transition Center staff should be able to assist you. (See page 15 for information about how to contact PAL staff.)

If you are a Texas resident but are not a U.S. citizen and do not have legal immigration status, then you may need to use the TASFA (or Texas Application for State Financial Aid) instead of the FAFSA. There is no fee to apply. Follow the "FAFSA or TASFA" link under "Paying for College" at [www.collegefortexans.com](http://www.collegefortexans.com) to see which form you should use.

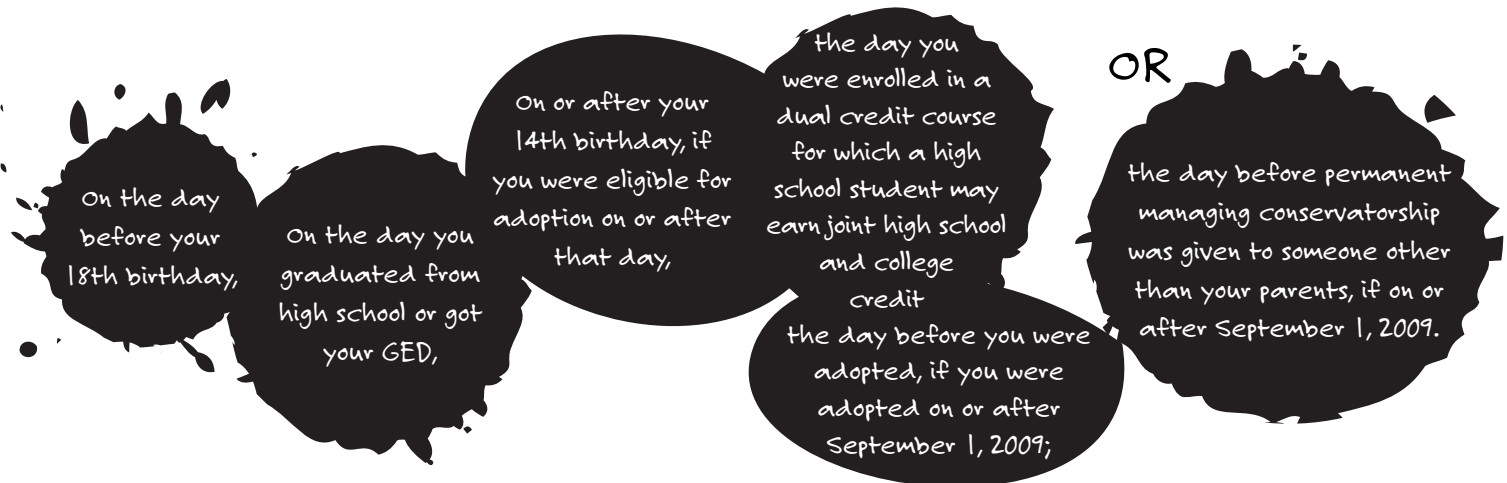
Once you send in your FAFSA or TASFA, you should contact the schools of your choice to see if any of them need more information or applications. Understand that applying to school usually is not the same as applying for financial aid—you probably will need to do both.

If you drop out or leave school before the end of the term and if you received cash funds to use for living expenses, it is very important that you return the cash funds. You should talk to the financial aid office about what to do or you risk being unable to get financial aid in the future.

## State Tuition and Fee Waiver

Many former foster youth may go to publicly funded Texas vocational schools, colleges or universities without having to pay tuition or fees, including for dual credit high school and college courses.<sup>4</sup> You may be able to get free tuition if you were in the conservatorship of DFPS:

<sup>4</sup> §54.211 of the Texas Education Code.



If you qualify for free tuition and fees, then you must also enroll in a qualifying vocational school, college or university, no later than your 25th birthday. To be sure you will be eligible for future free tuition, be sure to successfully complete a class by the time you are 25.

Adopted youth subject to an adoption assistance agreement that provides monthly payments and Medicaid benefits are also eligible for the tuition and fee waiver. If you qualify under this provision you may enroll in college for the first time at any age and still get the tuition and fee waiver.

A list of qualifying schools can be found at Texas Youth Connection [www.dfps.state.tx.us/txyouth/](http://www.dfps.state.tx.us/txyouth/) in a link the Education, Financial session. You can also go to [collegefortexans.com](http://collegefortexans.com) and select College Match-Up and select Public as type of college and click "Make a Match".

To apply for the State Tuition and Fee Waiver, you must fill out a FAFSA or TASFA form and give the college registrar written proof from DFPS of your eligibility for the program. To find out more about how to get that proof, contact PAL staff; See page 15 for information about how to contact PAL staff.

## Educational Training Voucher (ETV) Program

The Texas Education and Training Voucher (or ETV) program provides additional money for former foster youth who enroll in a college or training program. You may be eligible to receive up to \$5,000 per year under the ETV program to help with housing, food, books, child care, computer equipment, medical insurance, tuition and some other expenses. The best part is that this benefit is in addition to the Texas tuition waiver program. (See "State Tuition and Fee Waiver" above.) If you qualify for both programs, you could go to a qualifying school for free and use the funds from the ETV program to meet other expenses. If you have a physical or mental disability, you may also qualify for financial or other assistance through the Vocational Rehabilitation (VR) program of the Texas Department of Assistive and Rehabilitative Services (or DARS).

For more information, see "Training and Placement Assistance If You Have a Disability" beginning on page 35.

Generally, you should be able to receive funds under the ETV Program if:

You are 16 or 17 and in DFPS foster care and likely to stay in care until you are 18,

You are not yet 21 but aged out of DFPS foster care,

OR

You are not yet 21 and were adopted from DFPS foster care after turning 16.

If you believe you are eligible, then you must apply for the ETV funds by a deadline.

While you are still in foster care, you can get ETV to cover certain non-housing related expenses including transportation, books, computers, and supplies. As long as you begin getting ETV before you turn 21, you can keep getting it until you are 23 if you are making satisfactory progress toward completing your education.

In order to continue receiving ETV funds, you must send information to the ETV program from time-to-time showing that you are in good standing and you must continue working on your degree or other certification. ETV payments during your first two years in the program will be made to the people providing the services, such as your landlord, the school's housing office or the bookstore so it will be especially important to apply in advance and be sure to get all the necessary paperwork. You can find out more about the ETV program by visiting [www.bcf.net/NetCommunity/Page.aspx?cpid=988](http://www.bcf.net/NetCommunity/Page.aspx?cpid=988), calling ETV at (877) 268-4063 or asking PAL staff.

## Other College Assistance

You can find information about college and financial aid at [www.collegefortexans.com](http://www.collegefortexans.com).

Several schools offer additional financial aid and other programs to help former foster youth. The financial aid departments at the schools you are interested in attending can give you information about the financial aid programs. Some colleges have programs and services to provide foster youth with guidance and assistance as they adjust to college studies and life. Be sure to ask if your school has any program or person you should contact.

You may also be eligible for a scholarship through the Casey Family Scholars Program. This program is operated by the Orphan Foundation of America (or OFA). It provides scholarships of up to \$10,000 per year to people under the age of 25 who have spent at least 12 months in foster care and who were not adopted out of foster care. The scholarships are awarded for college or vocational/technical training and can be renewed each year you are in school based on your progress and financial need. You can visit the "Scholarships" link under "Programs" at [www.orphan.org](http://www.orphan.org) for more information on this scholarship program.

If you were released from the Texas Juvenile Justice Department, you may qualify for Aftercare Educational Funding and other educational services. TJD has education liaisons that help with education issues. Go to [www.tjjd.texas.gov/programs/bro\\_educ\\_liaisons.aspx](http://www.tjjd.texas.gov/programs/bro_educ_liaisons.aspx) for more information.

You can also find out about scholarships by visiting Texas Youth Connection, CPS' web site for foster youth, <http://www.dfps.state.tx.us/txyouth/education/financial.asp>.

### Learning a Profession Outside of College

College is not your only choice for learning new skills after you finish high school or get your GED. Other types of schools can also get you ready for a career:

Vocational schools and trade schools offer certifications for many jobs that do not require a college degree, such as welding, computer repair, auto repair, truck driving, cosmetology (which includes hairstylists, make-up artists and beauticians) and other skilled fields.

Technical institutes generally offer two year or shorter programs in skilled professions, such as medical assistant, electrician, dental hygienist and computer programmer.

It is important to remember that you may still be eligible for the ETV program if you attend a vocational school, trade school or technical institute—so please do not forget to apply for ETV. You also should look for public community colleges and vocational/technical schools that offer similar programs rather than go to a private school. You can use your Tuition and Fee Waiver at public schools and avoid expensive student loans. Plus, if you have a physical or mental disability, you could also qualify for vocational training and assistance from the Texas Department of Assistive and Rehabilitative Services (or DARS).

Also, many high schools now offer classes that let their students earn the same certifications that they could get through a vocational or trade school. By taking those classes in high school, you could get a certification and obtain a skill that would make it easier to find a job and earn more money as soon as you graduate from high school.

You can also learn skills for a trade outside of a classroom. A great way to learn new skills is by becoming an apprentice. This means that you would receive on-the-job training by working with others in that field. Apprenticeships are available in many industries, ranging from aerospace to health care to homeland security. Visit the “Apprenticeship” link at [careeronestop.org](http://careeronestop.org) or <http://www.careeronestop.org/EducationTraining/Find/ApprenticeshipOffices.aspx> for more information.

### Mentors

During your transition planning process, you will work with your Circle of Support or transition team to set goals and make a plan for meeting those goals. Those same people can also help you prepare for college or vocational training. You should follow-up with these people after you make the initial plans. Once you go to college or enter a vocational program, your school may offer guidance counselors to help you adjust to your new life. Other groups, like the Orphan Foundation of America ([www.orphan.org](http://www.orphan.org)), offer mentoring programs for former foster youth in college or vocational schools. Please visit [www.orphan.org](http://www.orphan.org) for additional information on OFA’s mentor program. Your Transition Center, PAL Staff and After Care Case Manager, and school staff can help you locate other mentoring options in your community.



## Employment

### Training

Job training ranges from basic classes that prepare you for what an employer expects (for example, the importance of being on time, being organized and speaking properly) to programs that teach you how to master a profession. Your PAL Staff, Transition Center staff, Aftercare Case Manager, local Texas Workforce Commission office, and school may be able to tell you about basic classes that teach you how interview for, apply for and handle a job. They can also help you locate to other sources to learn the skills necessary to succeed in your chosen profession. To help plan for your job and living on your own, you should take the Casey Life Skills Assessment, which is an easy-to-use on-line test that provides instant, private feedback. Visit the “Assessments” link at [www.caseylifeskills.org/pages/assess/assess\\_aclsa.htm](http://www.caseylifeskills.org/pages/assess/assess_aclsa.htm) to access this resource.

While you may choose to attend college or a vocational school to prepare for a career, you could also select a different path. If you decide that school is not right for you (or not right for you at this time), then it is important to think about how you will earn money to support yourself. Getting training in at least one area will give you more job choices and increase the amount of money you can earn.

No matter what plans you have for education, it is never too early to start thinking about getting a job. Even while you are still in high school, having a job can get you ready for your future by teaching you necessary work skills and allowing you to earn and manage your own money. To help get you started on finding a job that is right for you, visit [www.twc.state.tx.us/svcs/youth-init/youth\\_links.html](http://www.twc.state.tx.us/svcs/youth-init/youth_links.html).

### Job Assistance Programs

You have access to many programs that will give you experience and increase your job options, even if you have not finished high school. A few of these programs are discussed below.

#### Texas Workforce Commission

The Texas Workforce Commission (TWC), [www.twc.state.tx.us](http://www.twc.state.tx.us), offers services and resources related to finding a job and developing your job skills. Foster youth are a priority population for services, which means you can qualify for special programs including training, summer employment and child care assistance. The best way to begin to access these services is to talk to Transition Center Staff, PAL Staff, your aftercare case manager and others that have contacts with the TWC. Often somebody from the TWC works at the local Transition Center. They can help you show them your eligibility for programs and services and may have information about options that work best for foster youth. You can also visit your local TWC office.

### Job Corps

Job Corps is a free program that helps youth aged 16 through 24 learn a trade, obtain a high school diploma or GED certificate and find a permanent job. Job Corps offers hands-on training in more than 100 job areas. The program is self-paced—which means how long it will take to finish the program depends on your career goals and how quickly you learn. It can take from eight months to two years to complete the Job Corps program.

While enrolled in the Job Corps program, you receive free housing, meals, basic medical care and a living allowance.

If you want to apply for Job Corps, you must be a U.S. resident or legally eligible to work in the U.S., have limited financial resources (in other words, not have a lot of money), not be on probation or under the supervision of a court and not use illegal drugs.

Texas currently has four Job Corps sites. These sites are in Laredo, El Paso, San Marcos and McKinney. To learn more about Job Corps in Texas and how you can apply, visit the Job Corps website at [www.jobcorps.dol.gov](http://www.jobcorps.dol.gov) or call (800) 733-5627.

### YouthBuild

YouthBuild is a program that trains unemployed, out-of-school young adults aged 16 through 24 to build and repair affordable housing within their communities. You will receive a stipend (a form of payment or salary) while participating in YouthBuild. Texas currently has ten YouthBuild programs:

Visit [www.youthbuild.org](http://www.youthbuild.org) and go to YouthBuild Programs for more information about the programs. You will need to select directory of YouthBuild Programs and click on Filter Sites and enter Texas in the state field to see the current list of programs. If there is not a YouthBuild program near you, you may be able to join one in another area. You should contact YouthBuild to find out.

### AmeriCorps

AmeriCorps State and National program provides programs to youth aged 17 or older who work full or part-time in nonprofit, faith-based and government organizations. Non-profit programs receive funds to address critical community needs in education, public safety, health and the environment. The programs recruit, place, and supervise AmeriCorps members. An allowance is provided to all young adults in the programs. Some programs provide housing. The programs last ten to twelve months. You may also be able to get additional money for college if you finish the AmeriCorps program.

AmeriCorps also offers a few other programs in Texas:

- ☆ AmeriCorps VISTA: VISTA members help lift people and communities out of poverty by serving full-time to fight illiteracy, improve health services, create businesses and increase housing opportunities.
- ☆ AmeriCorps NCCC (National Civilian Community Corps): This is a ten month, full-time residential program for youth between the ages of 18 and 24. Participants work with charities and government groups to complete service projects.

Visit [www.americorps.gov](http://www.americorps.gov) or call (800) 942-2677 for more information about any of the AmeriCorps programs.

## Training and Placement Assistance If You Have a Disability

The Texas Department of Assistive and Rehabilitative Services (or DARS) offers a Vocational Rehabilitation (or VR) program that can help you prepare for, find and keep a job if you suffer from a disability. To be eligible for the VR program, you must have a physical or mental disability, such as:



If you qualify, then you can receive services and benefits designed to help you with your unique needs. These services and benefits may include financial help, counseling, training, medical care, assistive devices, job placement assistance, and other services. The VR program also helps students with disabilities plan the jump from school to work. You should begin working with DARS well before you finish high school. Your high school staff should assist you in contacting DARS and starting the process. Gaining skills needed for a career, learning how to prepare for a job interview or knowing how to stay employed are just a few ways the VR program helps people with disabilities have successful careers.

To find out whether you qualify for the VR program, contact the DARS office nearest you and ask for an appointment with one of the counselors. Let the counselor know that you have a disability that prevents you from obtaining or keeping a job. To find the nearest DARS office, call (800) 628-5115 or get a list of all of the DARS offices at <http://www.dars.state.tx.us/drs/offices/OfficeLocator.aspx>. If you are denied a service, have a complaint about their service, or need help applying for services, you can contact the Client Assistance Program at Disability Rights Texas (800)252-9108.

More information about the VR program, including its services and how to apply, get the Vocational Rehabilitation Guide to Applicants at [www.dars.state.tx.us/drs/VRguide\\_english.pdf](http://www.dars.state.tx.us/drs/VRguide_english.pdf).

## Finding a Job

To find a job, you can look online ([www.careerbuilder.com](http://www.careerbuilder.com) and [www.monster.com](http://www.monster.com) and Craig's List are some of the major sites), check the classified ads in the local newspaper or just visit places where you think you would like to work and ask if they are accepting applications. Texas Youth Connection has resources listed in their jobs section, [www.dfps.state.tx.us/txyouth/jobs/](http://www.dfps.state.tx.us/txyouth/jobs/). Whenever you visit a place about a job, remember to dress neatly because first impressions are very important. The PAL program or other local transition centers can also help you get ready for and find a job. When applying for a job, you will need proper identification and your Social Security number. Once you apply for a job, it is important to follow up with the businesses where you applied—following up shows interest, is very professional, and could set you apart from others who apply.

A great way to gain experience for jobs is by volunteering with a group that interests you, like a charity, hospital or church. By volunteering, you will get valuable experience, help your community, and get potential job references. Also, remember that having a phone number where you can receive calls and messages is very important when you apply for jobs so employers can reach you. If your cell phone is turned off because you have not paid the bill, consider getting a basic cell phone plan without texting and data.

## State of Texas Hiring Preference:

Foster youth and former foster youth who are 25-years-old or younger have a hiring preference for state jobs. That means a current or former foster youth who applies for a state job should be hired for a position before any other applicant who has the same level of qualifications. On state employment application you will need to respond yes to these question 1) Were you a foster youth under the Texas Department of Family and Protective Services on the day before your 18th birthday? 2) If yes, are you currently 25 years of age or younger? PAL staff can give you a letter that shows you qualify. See page 15 for information about how to contact PAL staff.

## Employment Issues

### “At Will” Employment

Texas is an “at will” employment state. This means an employer can fire an employee without having a reason as long as the firing is not based on discrimination or some other illegal reason.

### Your Rights in the Workplace

You have rights in the workplace! Dishonest employers may try to take advantage of young workers because they do not think they will know their rights. It is important that you understand your rights and do not feel pressured to allow your manager, co-workers or even customers violate those rights. You must fill out income tax paperwork and you should be paid at least twice a month. Employers should pay you for on-the-job training. A few of your rights are:

**1** No discrimination. This means that your employer cannot make decisions about your job because of your race, color, religion, sex (including pregnancy), national origin, disability or age (age 40 or older). This right applies to all types of job decisions, including hiring, firing, promotions, training, wages and benefits.

No harassment. Workplace harassment is offensive conduct that is based on race, color, national origin, sex (including pregnancy), religion, disability or age (age 40 or older). Harassment can happen in many different ways. It can be verbal (words), physical (touch) or visual (signs or gestures) and can occur at work or away from work. Examples of harassment include offensive jokes, racial or ethnic slurs, pressure for dates or sexual favors, unwelcome comments about a person’s religion or religious garments, or offensive graffiti, cartoons or pictures. The harasser can be your manager, a manager in another area, a co-worker, or others in your workplace,

2

such as customers. For workplace harassment to be illegal, the conduct generally must either be very serious or happen often. If you believe you are being harassed at work, you should tell your supervisor or another manager, even if it happens only once or does not seem very serious.

**3** No retaliation. Your employer cannot punish you, treat you differently or harass you if you honestly report job discrimination or help someone else honestly report job discrimination, even if it turns out the conduct was not illegal.

Changed duties for religious or medical reasons. You have a right to request reasonable changes to your workplace or job duties because of your religious beliefs or medical needs. Even if your employer does not have to say “yes” to every request, it should carefully consider each request and whether it would be possible given your job duties. This is known as making “reasonable accommodations.”

4

**5** Private medical information. You have a right to keep your medical information private. Your employer should not discuss your medical information with others that do not have a need to know the information. The laws enforced by the U.S. Equal Employment Opportunity Commission (or EEOC) also strictly limit what an employer can ask you about your health.

Minimum wage. The minimum wage is the lowest amount that you can be paid for each hour that you work. The minimum wage currently is \$7.25 per hour. Understand that, because of taxes, your paycheck will not simply equal the number of hours that you work times the current minimum wage. Your check stub should explain how your pay was calculated. If you have any questions, you should not be afraid to ask.

6

**7** Time and a half for overtime. If you work more than 40 hours per work week, you should be paid time and a half. See [www.dol.gov](http://www.dol.gov) for more information.

You may have more workplace rights under other laws or under your company’s own policies. For example, your employer must also provide you a safe working environment.

For additional information or if you have any questions about your rights, you can visit the EEOC’s youth website at [youth.eeoc.gov](http://youth.eeoc.gov) or contact the Civil Rights & Discrimination Division of the Texas Workforce Commission at (888) 452-4778 or by visiting their website <http://www.twc.state.tx.us/customers/cwp/civil-rights-discrimination.html>.

## Child Care

If you have children but don't have or can't afford a safe place for them to stay while you are at work, going to school or looking for a job, there are programs that can help. The Texas Workforce Commission operates the Child Care Management Services program, which helps eligible parents with the costs of child care. The local Texas Workforce Center can tell you if you are eligible for these benefits. You can find your local center by following the Find Locations link [twc.state.tx.us](http://twc.state.tx.us). You can also find your local center by contacting the Texas Information and Referral Network by calling 211 in Texas or by visiting [www.211texas.org](http://www.211texas.org). Foster youth and former foster youth are a priority to receive child care assistance which means you should be at the top of the list to get benefits. Your Aftercare Case Manager and Transition Center staff can help you establish that you are a priority for services. Discuss it with your local Texas Workforce Commission and have them check the local workforce development board contract.



For more information about saving money, see “Managing Your Money and Banking” beginning on page 75.



## **Savings**

Once you have a job, you may want to open a bank account where you can save your money. Usually, banks require that you must be 18 to open a bank account by yourself. If you are under 18, you will need to find a trusted adult who can be the “guardian” on the account until you turn 18. Once the account is set up, you should be able to make your own deposits and withdrawals. The guardian on the account will also be able to deposit or withdraw money from your account—this is the reason to select someone you trust.

Any money that you earn belongs to you. Be aware that there are limits on how much cash and other assets (including a car) that you can own before you lose some benefits when you leave foster care. In 2012, this amount was \$10,000 for Transitional Medicaid. If you receive SSI, you can only have \$2,000 in resources. You should ask your caseworker how these limits could affect you.

## Taxes

Once you have a job or a savings account, you may need to file a tax return. Remember that filing a tax return does not mean that you have to pay taxes. For people just starting out, filing a tax return can mean that you will get money back. When you work, your employer subtracts an amount from each paycheck (called “tax withholdings”) and sends that money to the Internal Revenue Service (or IRS). The amount they withhold is an estimate based on IRS rules of the amount of taxes you will owe. The tax return that you file determines whether the estimate is correct. If too much money was withheld from your paycheck, then you will get a refund from the IRS by filing your annual tax return. If not enough money was withheld from your paycheck, you will need to pay the IRS or face serious penalties.

Federal tax returns are due by April 15th every year. Texas does not have an income tax for individuals, so you do not have to file a state tax return if you lived and worked only in Texas during the past year.

By January 31<sup>st</sup> of each year, your employer will mail you a Form W-2. Any bank where you had an account should mail you a Form 1099. The Form W-2 from your employer will show how much they paid you and how much tax they withheld in the prior year. The Form 1099 from your bank will show how much interest your money earned. You will need these forms to complete your tax return. If you don't receive a form from each of your employers and banks by the end of the first week of February, you should contact them.

*You should discuss taxes with the family with whom you are living (or lived with during the past year) because you need to understand how they will treat you on their tax return.*

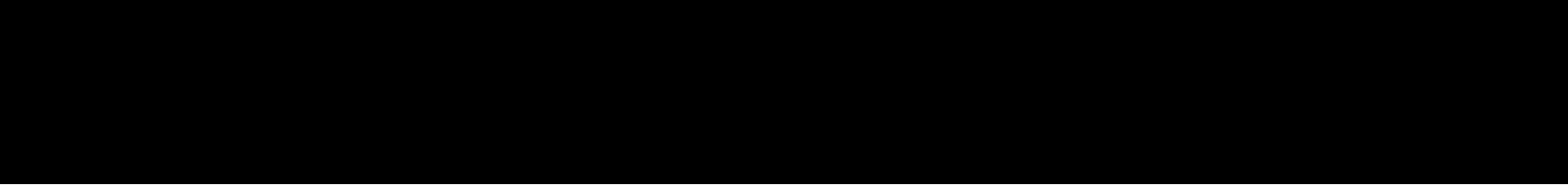
You do not need to pay a company to prepare your taxes. Visit the IRS website at [www.irs.gov](http://www.irs.gov) to find out if you need to file a tax return and, if you do, whether you qualify to electronically file your tax return for free. The IRS website also has other information about taxes. Many local groups provide free tax return preparation assistance and counseling for low-income persons in the early part of each year. Call 211 to find volunteer income tax assistance (VITA) sites near you. Don't pay to have your tax return prepared!



Call 211 to find volunteer income tax assistance (VITA) sites near you.

**DON'T PAY TO HAVE YOUR  
TAX RETURN PREPARED!**

**INCOME TAX**  
**APRIL DAY 15**



## Finding A Place To Live

Once you leave foster care, you will need your own place to live. Housing is one of the items you should talk about in your Circle of Support or transitional support meetings. Remember that you do not automatically age out of foster care when you turn 18. Once you do leave, financial help is available to get you started on your own, but will not last long nor cover all bills, so you will need to have a job or college financial aid.

See “Aging Out’ and Extended Foster Care” beginning on page 7 for how you can stay in foster care after you turn 18.

Before renting a place to live, you should become familiar with the renting process. While your Circle of Support or transition planning meetings, after care case managers and transition centers can provide guidance, you can also teach yourself about renting. Visit Austin Tenants’ Council (which has information that applies statewide) at <http://www.housing-rights.org>, [www.fyi3.com](http://www.fyi3.com) and the “Renter Info” link at [www.taa.org](http://www.taa.org), all of which give helpful information for people looking to rent their first apartment.

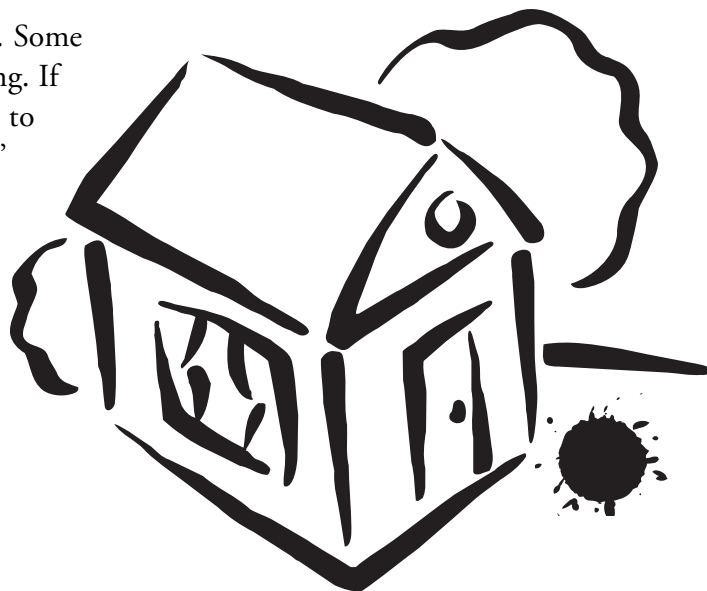
Review “Housing Benefits to Youth Leaving Foster Care” on page 44 for more information on housing options.

See “Credit” beginning on page 79 for more information on credit reports, including how you can get a copy of your credit report for free.

As you start to look for an apartment or house to rent, be ready to answer questions about your credit, criminal record and references. A landlord probably will want proof that you earn enough money to pay rent. The landlord may also run a “credit check.” If you are going to have a roommate, your roommate will have to give the same information. Credit checks show whether you owe money on any loans or credit cards and whether you have been late paying bills. If this is your first time on your own, you probably will have a “clean” credit report showing no loans, credit cards or bill payment history. If there are problems on your report, you need to get them fixed as soon as possible.

If you have a criminal record, you should understand exactly what is in your record and what you might need to tell someone about, especially if your juvenile records were sealed.

Your housing choices depend on what you will be doing. Some programs, like JobCorps and AmeriCorps, provide housing. If you are going to college, the school may have places to live on-campus called “dormitories” or “dorms.” Sometimes, they also offer apartments for families. If you live in a dorm, however, you will need to have a plan for where you will stay during school holidays because dorms usually close during those times. Don’t forget to ask the financial aid office and other offices at your college if the college offers special housing assistance to former foster youth. See page 31 for more information.



## **Housing Benefits to Youth Leaving Foster Care**

### Transitional Living Allowance

If you participate in the Life Skills Training Class (often called the PAL class – see page 16 for more information) you may receive a Transitional Living Allowance once you leave foster care. To get this allowance, you must finish the required amount of the class, have a job or be actively looking for a job (unless you are medically unable to work) or be in school, be a U.S. citizen or have legal immigrant status, and be moving into an independent or supervised setting. The total transitional living allowance can't be over \$1,000, and you can't get more than \$500 in a month. For those entering the military or Job Corps the benefit is \$500. For those moving into a supervised setting which is paid for by another source, generally those with disabilities that prevent independent living, the benefit is \$500.

### Aftercare Room and Board Assistance

If you are between 18 and 21 years old and aged out of the foster care system at age 18 or older, then you may be able to get up to \$500 per month for rent, rent deposit, utilities and groceries. To qualify, you must show financial need and either have a job or actively looking for a job (unless you are medically unable to work) or be in school except for special situations. You also must be a U.S. citizen or have legal immigrant status. The maximum amount that you can receive under this program is \$3,000. Aftercare funds are not an automatic benefit and you will need to show need. You will not be given cash; the funds will be in form of gift cards for groceries or payments to landlords or utility companies.

You can find CPS requirements for Transitional Living Allowance and Aftercare Room and Board in the CPS handbook sections 10240-56 of the handbook for CPS staff at [www.dfps.state.tx.us/handbooks/CPS](http://www.dfps.state.tx.us/handbooks/CPS).

### HUD (Public Housing) Assistance

If you will be living on your own, you may be able to get help from the U.S. Department of Housing and Urban Development (or HUD). Most housing assistance from HUD is made under a program called “Section 8” and it is often called public housing. To see if you are eligible for HUD housing assistance (including Section 8), contact your local HUD office. You can find your local HUD office through the “Rental” link at [www.hud.gov](http://www.hud.gov) or by calling (800) 569-4287. Often the waiting list for public housing is very long.

To apply for assistance from HUD, you will need to set up an appointment. Be sure to ask what you need to take with you to the appointment. You should expect to bring a completed HUD application; the names, dates of birth and your relationship to all persons that you will be living with; proper identification; contact information of current and past landlords and proof of your income.

HUD will review your application and the other information they asked you to bring to determine how much financial help for housing they can give you. If you qualify for HUD assistance, HUD should also be able to give you a list of apartments or houses in your area that accept HUD assistance. You should also check other sources, like the newspaper, for apartments or houses that will accept HUD assistance. The waiting list for HUD assistance in some areas is very long. Be sure to ask the HUD office how long you might expect to wait before receiving assistance.

## Additional Housing Assistance

Texas has several foster youth Transition Centers located throughout the state. Each center offers information regarding housing assistance, group housing and shelter. Look at the Transition Center section beginning on page 20 for more information.

## Emergency Housing and Shelters

If you face eviction or are homeless, many groups can help. There are many faith-based organizations and other groups that assist homeless youth, especially those who have left the foster care system. A few of these groups are:

<u>LOCATION</u>	<u>AGENCY</u>	<u>CONTACT INFO</u>
Austin	Lifeworks	<a href="http://www.lifeworksweb.org">www.lifeworksweb.org</a> (512) 735-2400
Galveston (near Houston)	The Children's Center, Inc.	<a href="http://www.thechildrenscenterinc.org">www.thechildrenscenterinc.org</a> (888) 763-8861
New Braunfels (between Austin and San Antonio)	Connections	<a href="http://www.connectionsnonprofit.org">www.connectionsnonprofit.org</a> (830) 629-6571
Plano	Collin Intervention to Youth, Inc.	<a href="http://www.cityhouse.org">www.cityhouse.org</a> (972) 424-4626
San Antonio	Roy Maas' Youth Alternatives	<a href="http://www.rmja.org">www.rmja.org</a> (210) 340-7933
Waco area – Bell, Coryell, Falls, Freestone, Lampasas, Limestone, McLennan and Milam Counties	Central Texas Youth Services	<a href="http://www.centraltexasyouthservices.org">www.centraltexasyouthservices.org</a> (800) 421-TEEN (8336)

# FINDING A PLACE TO LIVE

If you need help, but do not recognize a center in your area, then please contact your aftercare case manager, local Transition Center, your regional PAL office (see how to contact PAL Staff on page 15), local transition centers, or any of the groups above. You may also contact your local HUD office to find out about other available emergency shelters. If you are a pregnant woman or young mother, there may also be special housing options available to you. You should ask about Second Chance Homes at your local HUD office or at [www.hud.gov](http://www.hud.gov) or maternity group homes at [www.harborhouse.org](http://www.harborhouse.org).

Finally, Covenant House ([www.covenanthouse.org](http://www.covenanthouse.org) or (800) 999-9999) may also be able to help you find a safe place to live.

## Fair Housing

The Fair Housing Act says that landlords cannot discriminate. This means that they cannot refuse to rent to you (or rent to you on different terms—such as higher rent) because of your race, color, national origin, religion, sex, family status or handicap. It applies to most housing and to all HUD-approved housing.

Most landlords also can't discriminate against pregnant women or families with children under the age of 18 living with:

A parent,

A person who  
has legal  
custody of the  
children,

OR

Another person  
approved by the  
parent or legal  
guardian.

If you think your rights have been violated, you should fill out a Housing Discrimination Complaint Form and turn it in to your local HUD office. You only have one year after a landlord violated your rights to file a complaint with HUD. You may sue someone that you believe violated your rights. You may also call TFYJP at (877) 313-3688 for assistance or advice.

## Renting and Your Rights

### Leases

A lease is an agreement that lets you rent an apartment or house. It explains what you have to do (like pay rent, take care of the place and stay for a certain amount of time) and what the landlord has to do (like make repairs). If you or the landlord does not do what the lease says, then that is called a “breach” and there can be consequences. As long as you do what the lease says, the landlord can't make you leave until the lease runs out.

Unless a lease is for longer than one year, it does not have to be in writing. Generally, a written lease is better because it gives:



Because most printed leases favor the landlord, it is important that you fully understand the lease. Some of the resources mentioned above can help you to understand the lease *before* you sign it. Never sign a lease without reading and understanding it first.

## Before Moving In

Before moving in, you and your landlord will need to sign the lease. You probably will need to pay the first month's rent and a security deposit. Be sure to get a copy of the lease signed by your landlord! If you pay in cash, you must get a receipt signed by the landlord that says when and how much you paid.

Security deposits are discussed beginning on page 49.

Just before moving in, you also need to walk through the apartment or house with your landlord and find any problems with the place you are renting, such as holes in the wall, dirty carpets, or appliances that don't work. If you do not point out any problems immediately, the landlord may hold you responsible for those problems—even if you did not cause them. You and the landlord should make a list of these problems and you should get a copy. You can also require that any serious problems be fixed before you move in. Some people even take pictures of the place before they move in to have proof of what it looked like. This can be handy when you move out.

## Terminating Your Lease

Leases are generally month-to-month or for a specific period of time (for example, six months or yearly). The period of time is called the “term” of the lease. Leases for a specific period of time require that you lease the apartment or house for that whole time. If you have a written lease, it should discuss the steps you need to take to end or “terminate” the lease. Most leases will require you to notify your landlord at least 30 days before you want to end the lease, but some leases may require you to give your notice even earlier.

If your lease is month-to-month, unless your lease says something different, you must give written notice one month before you want to end the lease. For example, if you were trying to decide whether

# FINDING A PLACE TO LIVE

A month-to-month lease is a lease that only requires you to rent the apartment for one month at a time. On the plus side, you can get out of this type of lease quickly. On the negative side, your landlord can increase your rent at almost any time or decide not to renew your lease, which could happen if the landlord finds someone willing to lease the same place for a longer time or for more money.

you wanted to move out of your apartment by the end of January, you would need to tell your landlord before January 1<sup>st</sup> or else you have to pay rent (even if you move out) through February. It is best (and often required) that you give written notice that you are going to move out.

If your lease is for a term, then you must be prepared to pay the rent for that entire period, even if you move out. Some landlords will allow

you to terminate your lease early by paying an extra fee (usually one or more months rent), but you should check your lease carefully. Also, even if you sign a lease for a certain number of months, do not assume it simply ends at the end of that period—usually, it switches to a month-to-month lease. For example, if you sign a six-month lease on January 1<sup>st</sup>, do not assume that you can just move out on June 30<sup>th</sup>. You probably need to give written notice by June 1<sup>st</sup> that you will be moving out at the end of June. If you don't, then chances are that your lease will switch to month-to-month and you will be stuck paying rent through July.

If you break a lease before it ends, you could be sued for unpaid rent, advertising expenses and other costs of re-renting the apartment and the landlord's attorney fees and costs. Of course, you will always be responsible for any damage to the apartment.

## Roommates

If you have a roommate, it's a good idea to write down a list of responsibilities and then sign the list. The list should talk about things that can cause problems between roommates, like how much of the rent and utilities you will each pay, whether food will be shared, whether guests (especially overnight guests) are allowed, and cleaning duties. Doing this will give you both a chance to work out any differences before you lease together and could really help if your roommate skips out and leaves you with the rent and bills.

Some foster youth live in group homes or boarding houses. Often these places are not licensed. Be careful of your privacy, protecting your property, and drug use by other residents.

If you sign a lease with a roommate and your roommate moves out, you probably will be responsible for paying the full rent to the landlord because each person that signs the lease agrees to pay the full rent. If you have to pay your roommate's portion of the rent, then you have the right to get your roommate to repay his or her share, but you may have to sue him (or her) to get the money. If you sue, having a signed agreement with your roommate could be helpful.



## Landlord Rights

A landlord may come into your place at reasonable times (in other words, during the day and not very often) to inspect, make repairs or show the place to other people who are interested in renting it when you move out. The landlord may enter at unusual times if necessary to deal with an emergency, like a broken water pipe or gas leak. A landlord should not enter your place for other reasons. A landlord cannot ask you to pay your rent in things other than money.

A landlord can refuse to rent an apartment to you for reasons that are **not** related to race, color, national origin, religion, sex, family status or handicap. Depending on what your lease says, your landlord may be able to keep you from letting other people move in who are not on the lease.

## Security Deposits

Usually, when you sign a lease, you must pay the first month's rent and make a security deposit. The security deposit is often equal to one month's rent—so when you sign the lease, you should expect to need money equal to two month's rent. The security deposit is to protect the landlord for any damages that you cause to the apartment or house you are renting.

When you move out, you should take all of your things with you, clean the place really well and then ask for a walkthrough with your landlord. The walkthrough will let you be there if the landlord finds any problems with your place. Ideally, you should also take pictures of the place when you leave in case there is any argument about whether you caused the damage. You can compare any problems the landlord points out to the list you made with the landlord, and any pictures you took, including those taken when you moved in.

Your landlord can keep all or part of your security deposit to cover damages. Your landlord can't keep any money to fix ordinary "wear and tear", such as walls needing to be repainted and carpets needing regular cleaning. When moving out, you should write down your new address and give it to your landlord. If you give your new address to your landlord and have no overdue rent, the landlord must return your entire security deposit back within 30 days after you move out. If your landlord keeps any part of your security deposit

## Your Responsibilities as a Tenant

You must pay your rent on time. You can't damage the property. You must tell your landlord about any problems with the place you are renting. You must understand and follow your lease. There may be other rules that you need to follow, like limits on the number of people who can stay in your apartment or house, no pets, no smoking and even limits on the number of holes you can put in the walls to hang pictures. Also remember that if it's not in writing, then it can be difficult to prove. So, if your landlord says not to worry about something in a lease because they never enforce it or says you can move out at any time, then be sure to get those things in writing.

# FINDING A PLACE TO LIVE

for damages, he must give you a list clearly explaining why he kept that amount and he must return any money left over. The landlord could be responsible for paying you damages (which means, extra money) if he wrongfully keeps any of your deposit.

Generally, you can't say that your security deposit is for your last month's rent and refuse to pay your last month's rent. Finally, if you cause more damage to your apartment than what is covered by your security deposit, then your landlord can ask you for extra money—and sue you to collect if you refuse to pay. (So don't "trash" the apartment on your way out, no matter how bad the landlord may have been! If you do that, the landlord could even call the police for vandalism.)

## Renter's Insurance

You may want to get renter's insurance to protect your things in case they are stolen, damaged in a fire or some other damage. A landlord's insurance policy only provides coverage to the building, not to any of your belongings. You can contact any local insurance agent to get prices for this type of insurance.

## Rental Payments

If you do not pay your rent when it is due, your landlord may give you a notice telling you either to pay or move out within a few days.

If you do not move out when required, the landlord can file an eviction lawsuit to have a judge order you out (and then have the law enforcement move you out). But you cannot be forced to move out before a court case has been filed and a hearing held.

Before telling you to leave, your landlord may give you notice that your rent is late. If your rent is late, you may also owe a late fee.

If you are evicted, you must still pay rent for however much time was left on your lease unless a court orders otherwise. In some cases, a landlord may even have the right to keep and sell some of your property inside the place you were renting to pay for what you owe.

## Repairs

Landlords generally must work quickly to fix a problem if:

You tell the person to whom you normally pay rent about the problem,

You are not late paying your rent,

The problem could injure you or is unsafe, and

The problem is not caused by you, your roommates or guests.

If the cost to repair is minor, the lease may require that you fix it, such as replacing ordinary light bulbs and pest control. If there is a problem that is so bad that the apartment is not livable (like no water, kitchen appliances do not work, or no heating) and your landlord refuses to quickly fix the problem, then you should find a lawyer. You can find your local free legal aid provider at [www.texaslawhelp.org](http://www.texaslawhelp.org), as well as information about what steps you should take. The landlord must provide security and safety devices, like deadbolt locks, peep holes in the front door and smoke detectors.

## Budgeting

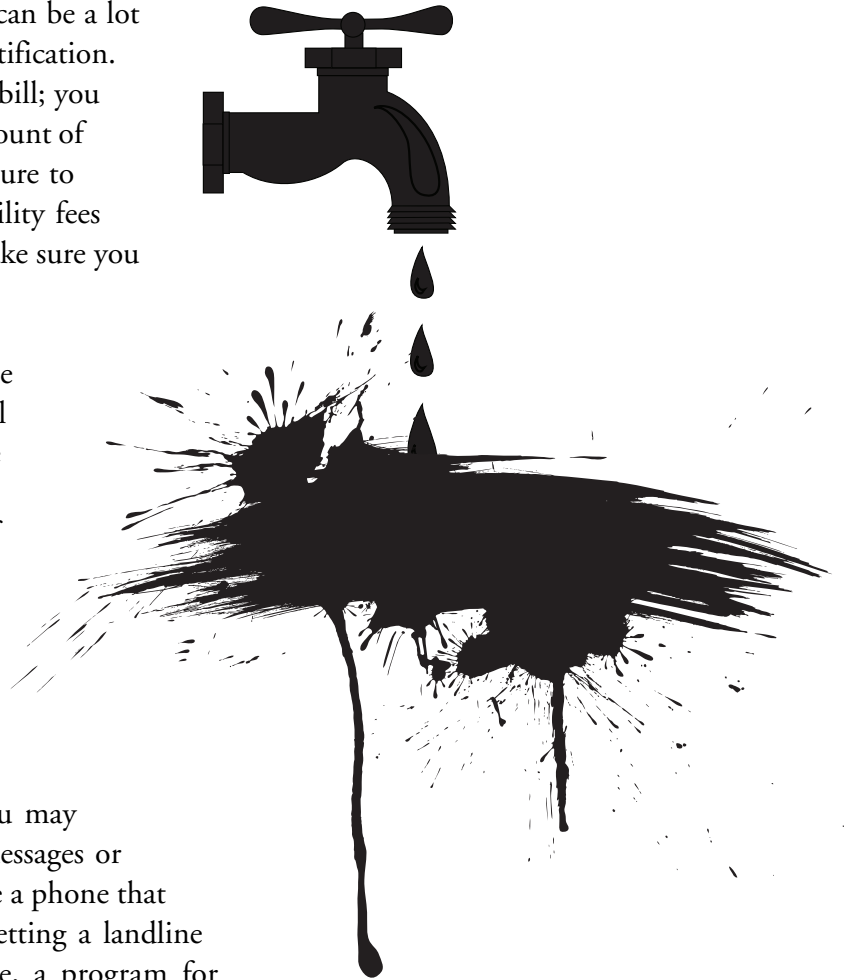
To live successfully on your own, you must budget. Having a budget means planning so that you will not spend more than you earn and will even be able to save. You must plan for monthly costs, including rent, rent increases, utility bills, car expenses (including insurance) and groceries. At first, you may want to run out and buy new furniture, TVs, computers, appliances and other nice things when you get your own place and a little money, but you should hold back. These things are expensive and you probably need to save some money before you spend too much. Some places may try to rent these things to you for a “low weekly amount” but are really asking you to pay many times what the thing is worth. Others may try to give you credit or loan you money on outrageous terms. Instead of getting yourself into more debt or financial trouble, you should ask friends for any furniture they don’t want or shop at second-hand stores and yard sales until you are on your feet. It is important to save your money so you have more living places to choose from and are better prepared when an emergency pops up.



## Utilities

When you rent a place you usually have to turn on some utilities, such as water, electricity, gas, and telephone. Sometimes some of these are included as part of your rent, so find out what is included from your landlord. Once you have a signed lease, you will need to contact each utility provider and sign up for service. Often they require a deposit, which can be a lot of money, and require for you to provide identification. You will also have to pay the monthly utility bill; you can keep these bills down by reducing the amount of heat, air conditioning or water you use. Be sure to include the cost of deposits and monthly utility fees in your budget as you make your plans to make sure you can afford the rent and utilities.

Some people choose to not put in home telephone service when they have a cell phone. This can be a way to save some money. But if your cell phone service is frequently turned off because you run out of minutes or can't pay your bill, you don't have a good way to communicate with important people like case managers, employers or 911 and this can make it difficult for you to handle your responsibilities. When you are budgeting your money for a cell phone, you may have to settle for a plan that has less text messages or minutes and limit your usage so you can have a phone that works all the time. You can also consider getting a landline phone for your apartment through Lifeline, a program for low-income people which reduces the monthly telephone rate. To find out more about Lifeline, call (866)454-8387; also ask Lifeline about the Link-Up program that covers some of the cost of installing phone service. When you move out, be sure to contact the utility companies and make arrangements to have the utilities turned off and the final bill and deposit refund sent to your new address.



## Marriage, Divorce & Children

### Marriage Laws

When you and your spouse-to-be (the person you want to marry) are at least 18 years old, you can get married. If either of you is between 16 or 18 years old, then that person may only get married if his or her parent *or* a judge agree. Below 16 years, that person will need the consent of a judge to get married.



#### Effect of Marriage

Marriage is a serious commitment with important consequences—emotionally and legally. While the emotional issues are beyond this manual, you should certainly discuss your marriage plans with a trusted adult. Many churches also offer free counseling for couples planning to get married. Generally, the counseling tries to help you succeed in marriage by planning things with your future spouse ahead of time—getting you both to think and talk about topics ranging from money to children to in-laws before they can cause problems.

On the legal side, marriage creates a contract between a man and a woman. A marriage can only legally end by getting a divorce.

#### How to Marry

There are two ways to get married in Texas—through a ceremony and by “common law” marriage.

##### *Marriage by Ceremony*

To have a marriage by ceremony, you and your future spouse need to get a marriage license and then be married by an authorized official in a ceremony.

- ♥ The county clerk’s office gives out marriage licenses. You and your future spouse will need to show proper identification and pay a fee. You must get the license between 3 and 30 days before your ceremony.
- ♥ Any authorized person may perform the ceremony. Authorized persons include judges, some other government officials and many clergymen.

### *Common Law Marriage*

A legal marriage between a man and a woman can be created in Texas simply by:

- ♥ Agreeing to be married,
- ♥ Living together in Texas as husband and wife, and
- ♥ Telling others that you are husband and wife.

You can also fill out a “Declaration of Informal Marriage” at the county clerk’s office to create proof of your common law marriage. A common law marriage has the same effect and consequences as a marriage by ceremony. If you are under the age of 18, you can’t have a common law marriage.



### Divorce

A marriage by ceremony or a common law marriage can only be legally ended by divorce. A divorce is a legal process that involves a judge. As part of the divorce, the judge will divide up any property that the two of you own, divide any bills or loans that are owed, set amounts that one spouse must pay to the other spouse after the divorce for support (often called “alimony” or, in Texas, “spousal maintenance”), set amounts that one spouse must pay to support any children and determine the rights of each spouse to visit the children. Texas Law Help, [www.texaslawhelp.org](http://www.texaslawhelp.org), has information about family law and free legal assistance in your area.

### **Parental Rights and Responsibilities**

If you are a parent, you have the responsibility to provide support for your children until they are adults. You cannot abuse or neglect your children and must protect them from harm. If there are any questions about whether a man is the father of your child (or whether you are the father of the child), then the court can order medical tests on the man and the child to find out.

A court may terminate a parent’s rights to be with or visit his or her child for many reasons, including abandonment of the child or the mother when she is pregnant, failure to support that child, child abuse or neglect and other serious grounds.



## Abuse

If you or your children are being abused, you should immediately call the police. You should also keep accurate, detailed records of your and your children's injuries, medical reports, treatments, witnesses, police involvement, doctors and hospital staff. You should consider going to your local domestic violence shelter if you need a safe place to stay or other services and assistance.

An abused spouse or the parent of an abused child does *not* have to try to get a divorce to get a court's help. Even if you are not married, you can still get help from a court if you are being abused. The court can issue a "protective order" to protect the person being abused from the abuser. The protective order will require the abuser to stay away from you and your child but could also limit phone calls and require the abuser to support you (without seeing or contacting you). A protective order also will make it easier for the police to protect you or your child. If you want to get a protective order, then visit your county's courthouse and ask where to apply for a protective order. The police may also be able to tell you, as can the Texas Council on Family Violence, listed on page 56. There is no cost for a protective order.

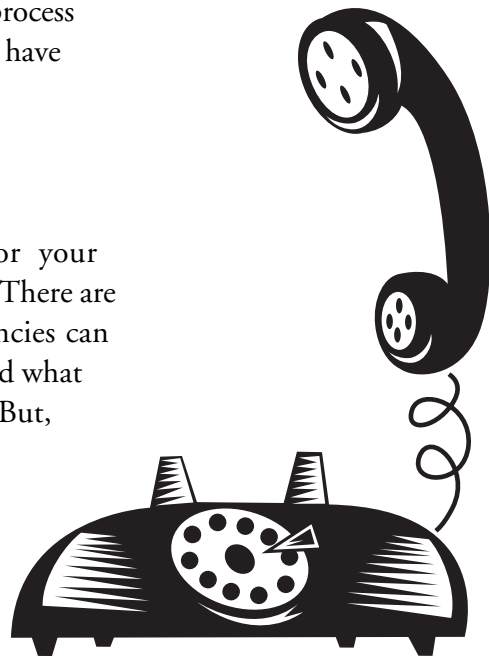
Once you report the abuse, the police and district attorney can bring a criminal charge against the abuser if there is enough evidence. You will need to cooperate with the police and the district attorney in order for them to press charges.

You could also sue the abuser for personal injuries. You should discuss this option with a lawyer who can explain the process and look at the evidence against the abuser to see if you have a good case.

### Abuse Hotlines and Community Outreach

The most important thing is that neither you nor your children need to live in fear. The abuse is not your fault. There are many places willing to help you if you ask. These agencies can point you in the right direction. These groups understand what you are going through and are even willing just to talk. But, remember that your computer and phone can be monitored—so please be sure to contact help from a safe place.

If you have already filed for a divorce, the court in charge of your divorce can also issue a protective order.





**TEXAS COUNCIL ON FAMILY VIOLENCE**

The Texas Council on Family Violence assists Texas domestic violence shelters and can assist you in locating a shelter in your area. A domestic violence shelter is a place where someone being abused can go to escape the abuse and receive other services and assistance, even if they don't stay at the shelter.

Visit *www.tcfv.org* or contact them by phone at  
(800) 525-1978.

**DOMESTIC VIOLENCE HOTLINE**

There is also a domestic violence hotline that  
operates 24 hours a day/7 days a week.

Contact (800) 799-SAFE (7233)  
(if hearing impaired, contact  
(800) 787-3224).

**National Teen Dating Abuse Helpline**

You can also call the National Teen Dating Abuse  
Helpline at (866) 331-9474  
(if hearing impaired, contact (866) 331-8453).



## Healthcare

After foster care, you will be responsible for the costs of your medical care. There are programs to help pay these costs so that you can continue to see the doctor and get necessary medicines, but it will be up to you to apply for these benefits.

### Transitional Medicaid

If you remain in Texas, you can continue to be eligible for Medicaid coverage until your 21<sup>st</sup> birthday if:

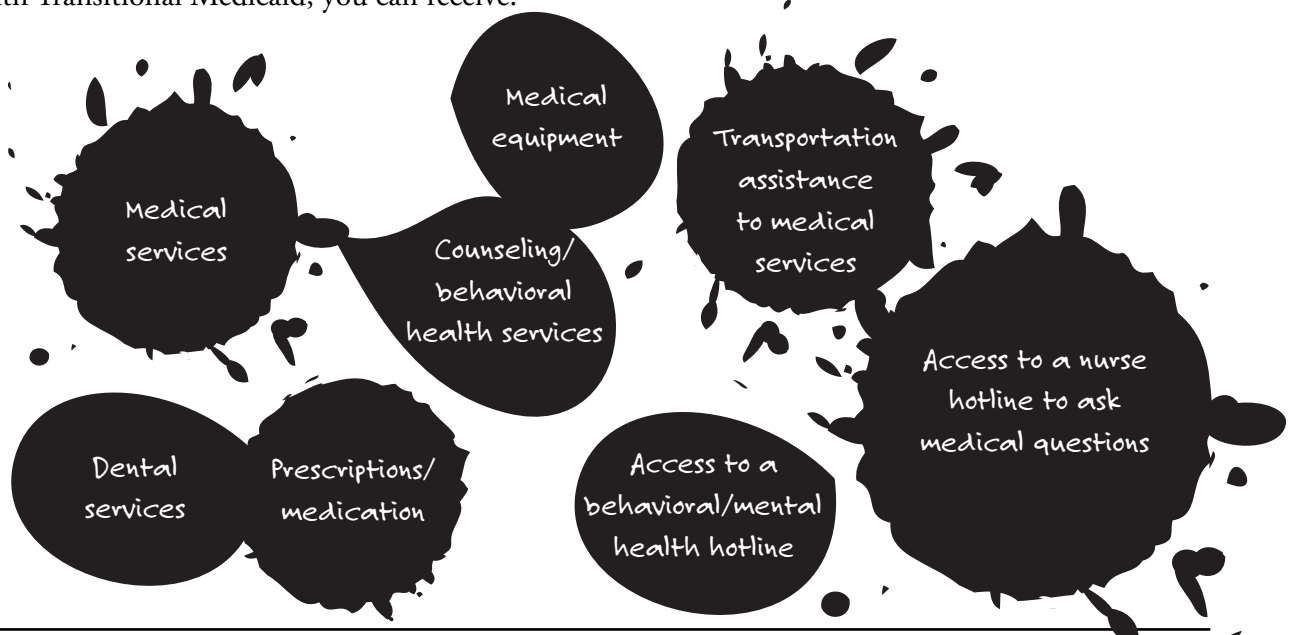
- 👍 You are a U.S. citizen or other legal resident,
- 👍 You do not have other insurance, such as through a family member or work,
- 👍 Your total cash and other assets (like a car) are valued at less than \$10,000, and
- 👍 Your income is less than four times the federal poverty level for one person, which in 2012 would have meant that you must earn less than about \$3,723 per month.

While you are in foster care, the Medicaid program in Texas covers your medical needs. When you leave foster care, you are responsible for your medical care. So, before you leave foster care, make sure you that you have copies of your medical records. You are supposed to be given a copy of your Health Passport which should have information about all the providers you have seen, medications you have been prescribed and limited information about the services you received. If you want a complete medical record from a specific doctor or facility, you have to contact that office. You should also ask for records from your CPS file that include your past and present treatment information and may include information about health issues in your birth family.

This type of Medicaid is called “Transitional Medicaid.” Medicaid **IS** *health insurance* and this health insurance is also called Star Health.

Your caseworker should work with a Medicaid eligibility specialist to get you covered under Transitional Medicaid when you leave foster care. You should let your caseworker know in advance when you plan to leave foster care, and make sure they are making the arrangements. If you have problems getting on the Transition Medicaid, contact your aftercare case manager and PAL staff. If it does not get resolved contact the Texas Foster Youth Justice Project .

With Transitional Medicaid, you can receive:



Once you have Transitional Medicaid, you will have to renew it every twelve months. The Medicaid program should mail you a renewal form each year. If you do not receive a renewal form at least one month before your transitional coverage is set to end, then you should contact Health and Human Services Commission Centralized Benefits Services at (512) 908-9612 or you can call 2-1-1 and ask for assistance with transitional Medicaid for youth aging out of foster care). You can also call this number if you need to change your address or have other questions about your Medicaid eligibility. Be sure to keep your address current so you will get your renewal form, as well as your Medicaid identification card and Superior (Star Health) insurance card that you will need to show the doctor and pharmacy. When you turn 21, you will no longer be eligible for the transitional Medicaid program. However, you may be eligible for another health insurance program, the Former Foster Care in Higher Education (FFCHE) Program. As a former foster youth, you can continue to receive health insurance when you are 21 and 22 if you meet the transitional Medicaid requirements on page 57 and you are enrolled in college, community college, junior college, technical institute or university (trade schools do not count). You will be sent an application about 45 days before you turn 21 so keep your address current and complete the application. To apply call (512) 908-9612 or 2-1-1 and ask for a FFCHE application - form H1868.

There is a detailed information about health insurance and links to applications for former foster youth [www.texasfosteryouth.org](http://www.texasfosteryouth.org) in the legal resources section under Medical Issues and Health Insurance.

### Health Insurance for Children and Pregnant Women

When you are no longer eligible for Transitional Medicaid or FFCHE insurance, there are limited options for free health insurance. The general Medicaid program, with limited exceptions covers only children, the poor who are elderly or disabled who receive SSI and low income pregnant women. If cannot afford private insurance for your children, then your children may be able to get health insurance through the Children's Health Insurance Program (CHIP). CHIP coverage provides eligible children with coverage for most health services, including regular checkups, immunizations, prescription drugs, lab tests, X-rays, hospital visits and more.

If you are pregnant, uninsured and not eligible for Medicaid, you may qualify for CHIP perinatal benefits. Coverage starts before the child is born and continues after the child's birth.

For more information on CHIP, call (877) KIDS-NOW (or (877) 543-7669) or visit [www.chipmedicaid.com](http://www.chipmedicaid.com).



## Private Healthcare Coverage

Even if you do not qualify for Transitional Medicaid or FFCHE, you still may be able to get health insurance through your college or vocational school. Remember that if you qualify for the ETV program but not for FFCHE, you can use your \$5,000 allowance to help pay for medical insurance.

When applying for jobs, you may also want to ask about health insurance. Many large businesses offer healthcare plans to their employees, including part-time employees. If you work in a profession that is part of a union, then it is also likely that some medical benefits are provided. Please understand, though, that even if your employer offers medical insurance, it probably won't be free. You will be expected to pay part or even all of the cost of the insurance, but it may be cheaper than if you tried to get a health insurance policy on your own or if you had to pay medical expenses without insurance.

It is often tempting for many young adults to choose not to have health insurance because they're in good health and don't expect future medical problems. However, serious physical injury or medical conditions can occur when least expected and can be extremely expensive.

There are many resources, like [www.texashealthoptions.com](http://www.texashealthoptions.com), to help you understand your medical insurance choices.



## Food Stamps

Under the food stamp program, formally called Supplemental Nutrition Assistance Program (Snap) young adults living in Texas may be eligible to receive an electronic debit card to buy groceries. To qualify, you must, among other things, show financial need.

If you are between the ages of 18 and 50 and you do not have a child, then expect some limits on your ability to get food stamps. You probably can't get food stamp benefits for more than three months in a three-year period unless you work at least 20 hours a week, participate in a training program or go to school. There are some exceptions to these requirements, such as for a person who has a disability or is pregnant.

For more information on this program, visit the "Food Stamp Program" link under "How to Get Help" at [www.hhsc.state.tx.us](http://www.hhsc.state.tx.us), visit [www.yourtexasbenefits.com](http://www.yourtexasbenefits.com), or dial 211 in Texas.

### Temporary Assistance for Needy Families (TANF)

If you have children, you may be eligible for a monthly cash payment through the Temporary Assistance for Needy Families program. These payments are made to needy single and two parent families. The amount of each family's payment depends on a few things, including income, assets and need. The maximum payment for a family of 3 is around \$260 per month.

You may be eligible for a one-time \$1,000 cash payment through the One-time TANF (or OT-TANF) program. OT-TANF helps families that meet certain crisis criteria. In order to get this payment, families must meet the TANF guidelines and can't already be receiving any TANF benefits. Once you receive this one-time payment, you are not eligible to receive TANF payments for the next 12 months.

For more information on TANF, visit the "Temporary Assistance for Needy Families (TANF)" link under "How to Get Help" at [www.hhsc.state.tx.us](http://www.hhsc.state.tx.us), visit [www.yourtexasbenefits.com](http://www.yourtexasbenefits.com), dial 211 in Texas, or visit your local office of the Texas Department of Human Services.

### Social Security and SSI Benefits

There are different types of Social Security and SSI Benefits. Those who are under 18, or who are under 19 and in high school full time, can receive social security benefits based on their parent's social security earnings if their parent is disabled, retired or deceased; this is called Retirement, Survivors, and Disability Insurance (RSDI) benefits. Even if your parent's rights were terminated you can receive these benefits. While you are in foster care, these benefits go to the Texas Department of Family and Protective Services to pay for your foster care. In the unlikely event that the benefits are more than the cost of your foster care, the Department is supposed to put the funds in a special account and use them for additional expenses you have and release them to you when you turn 18. Those who are covered by RSDI who become disabled before the age of 22 can receive RSDI benefits as an adult, but they must remain unmarried.

SSI stands for Supplemental Security Income. It is for disabled or elderly people, with limited income and resources; disabled children can receive it as well. Generally if a child in foster care is receiving SSI benefits, they may be suspended while they are in foster care because of the complicated foster care funding rules. Because the eligibility rules for SSI change once someone is 18 or older, even if someone was receiving SSI in the past, they may need to reestablish that they are disabled or appeal the termination of benefits. Often it can take a long time, even years, to establish with the Social Security Administration that someone is disabled, although some disabilities can be more easily established. If you have disabilities, you should ask your caseworker about applying for SSI well before you leave care. Your caseworker should have a DFPS SSI Specialist assist with preparing the application and taking the necessary steps to obtain SSI and/or RSDI. If you receive RSDI but the amount of the benefit is low, you should qualify to get some additional SSI benefits and the SSI specialist should assist with that.

Applying for these benefits can be complicated, particularly providing the necessary documentation to establish that you have a disability. If you are applying for SSI after you leave foster care be sure to get help from your aftercare case manager or another caring adult throughout the application process

If you stay in foster care after you turn 18, you will need to sign over your RSDI or SSI benefits. If your benefits exceed the cost of your care, the money will be put in a personal account for you to use for expenses. If the amount in the account becomes too high you can become ineligible for foster care, so talk with your case manager about how much you can save. For more information visit [www.socialsecurity.gov](http://www.socialsecurity.gov).

## Other Healthcare Resources

On the Finding Help in Texas website ([www.211texas.org](http://www.211texas.org)), you can search for programs in your area that can help with your needs, including health care, food, housing, rental assistance, utility bill assistance, counseling and child care. You can also get this information by dialing 211 on any phone in Texas.

[YourTexasBenefits.com](http://YourTexasBenefits.com) offers online access to Texas Health and Human Services Commission benefits including Medicaid, food stamps, Temporary Assistance for Needy Families (TANF) and Children's Health Insurance. You can also dial 211 on any phone in Texas to get this information.





# IDENTIFICATION DOCUMENTS: DRIVER'S LICENSE, BIRTH CERTIFICATE, PHOTO ID AND SOCIAL SECURITY CARD

63

## Get Your Identification Documents by Age 16

By the day you turn 16, your case worker is required to get you your certified birth certificate (not a photo copy), your social security card, and a Texas Identification card. They should all be in the same name and that should be the name that you use. If they are in different names they won't be accepted as identification. If you were ever adopted and then put back into foster care, there is a good chance that some of your identification documents might have the wrong name listed on them.

You should only carry your Texas Identification Card or driver's license with you; the other documents should be kept in a safe place and taken out only when required for employment paperwork or other situations that require showing them for official purposes. If you lose these documents, it can be difficult, time-consuming and expensive to replace them. If you don't get these documents or they are not in the correct name, you need to demand that you get them and let everyone know (your case manager, CASA, attorney ad litem, the judge, foster parent PAL, and Staff) that you need them. You will not be able to function in the adult world without these documents and it is often much easier to get the necessary court order and take other important steps before you turn 18. If you don't get help getting them, call the Texas Foster Youth Justice Project at (877) 313-3688.

## Driver's License, Photo Id & Other Records

Having an official ID with your picture is very important. Airports, banks, apartments, bus stations, stores, voting sites, schools and employers will ask for your official ID. Many people use their driver's license for this. However, while you are in foster care, it may be difficult to get a driver's license. So, if you can't get a driver's license, then you should get an official Texas ID card.

The Texas Department of Public Safety (or DPS) issues driver's licenses and photo IDs in Texas. Texas photo IDs are just as good as a driver's license—except, of course, it does not give you the right to drive. You will need to follow some steps to get a driver's license or photo ID. We discuss some of these steps below, but it's best to visit the "Driver License" link at the DPS website ([www.txdps.state.tx.us](http://www.txdps.state.tx.us)) or call your local DPS office to ask what they need before you apply.

## Getting a Driver's License While in Foster Care

To get a Texas driver's license while you are in foster care, you must meet the DPS requirements below and get special permission from your caseworker's supervisor. Not all foster youth are allowed to get a car. You need your caseworker's approval. Then you will need car insurance. It is illegal to drive without insurance, you will get expensive tickets and fines, and DFPS does not provide car insurance to foster youth. Your Life Skills training class should teach you about car insurance and owning and maintaining a car. When you are in foster care, you do not have to pay a fee to have the actual license issued by the Texas Department of Public Safety. You should bring a copy of the Placement/Authorization of Foster Care form to show you are in foster care.











# IDENTIFICATION DOCUMENTS:

## DRIVER'S LICENSE, BIRTH CERTIFICATE, PHOTO ID AND SOCIAL SECURITY CARD

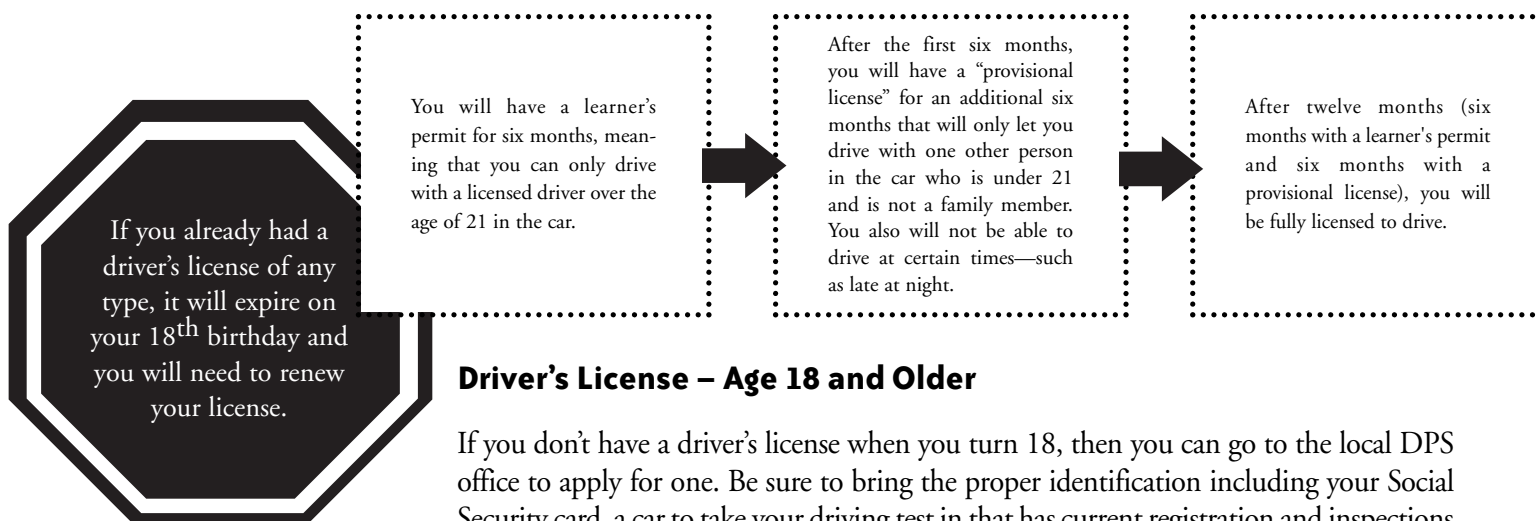
### Driver's License – Under Age 18

To get a driver's license if you are under 18, you must show DPS:

-  Proof of driver education (either through a course or “parent taught”),
-  Proof of being enrolled in and going to high school (or proof of high school graduation or GED certificate),
-  Your Social Security Card,
-  Proof of your identity,
-  The Foster Youth Driver License Fee Waiver (you should get this from your caseworker),
-  A copy of court order appointing the state as your managing conservatory,
-  A car to take the driving test that has current registration and inspection stickers and insurance, and
-  The application signed by a supervisor of the caseworkers.

You need to bring money for the application fee only if you are not in foster care or do not have the placement/Authorization of Foster Care form. You will also need to pass a vision exam and a written driving test. Of course, if you are still in foster care, you will also need to do the things talked about in “Getting a Driver's License While in Foster Care” above.

If you are under 18 years old, then you will be in the Texas graduated driver license program. This means that your rights to drive will change as you get more experience behind the wheel. Basically:



### Driver's License – Age 18 and Older

If you don't have a driver's license when you turn 18, then you can go to the local DPS office to apply for one. Be sure to bring the proper identification including your Social Security card, a car to take your driving test in that has current registration and inspections stickers and insurance, proof of completion of adult driver education, and money for the fees unless you are still in foster care and bring the Foster Youth Driver License Fee Waiver from your caseworker. You should call the local DPS office or visit the DPS website before going to apply to find out exactly what you need to bring. When you apply, you will also need to pass a rules test, a signs test, a vision exam and an actual driving test.

### Identification Card

If you are not able to get a driver's license, you should get a Texas identification card. This is a photo ID card that has the same benefits of establishing your identity but does not allow you to drive. These cards are issued by the DPS. You will need to show the right documents and pay a fee to get one of these cards.



## Special Immigration Juvenile Status And Green Cards

If you are in foster care and are not a U.S. citizen or legal resident, you should talk to your caseworker and attorney about Special Immigrant Juvenile Status (or SIJS). If your attorney is not familiar with immigration law, you should ask for a new attorney that knows about immigration issues. The Department of Family and Protective Services is supposed to help you take care of your immigration status, the process takes a long time and it must be completed before you leave the foster care court system.

SIJS is a way for undocumented foster youth to become lawful permanent residents of the United States, sometimes called getting a “green card,” but the card is no longer green. To be eligible for SIJS status, you must be under 21 years old and not married. Also, the CPS court must issue an order, while you are still under the court’s oversight, that it is not in your best interest to go back to your home country and that you can’t be reunited with a parent because of some serious reason, like abuse, neglect or abandonment. It can take several months to several years to finish this process and get a green card. This is not something that should wait until you are almost 18, and it can be started at much younger ages – as soon as the court finds you cannot be returned to your parent. If you are not a U.S. citizen and don’t have a green card, you could be deported from the U.S., and won’t be able to legally work or receive most other government benefits including many for aging out foster youth.

Obtaining SIJS status and then your green card is a two part process. The application process includes filling out several forms, having your fingerprints and photographs taken and getting a special medical examination. You may also be interviewed by Citizenship and Immigration Services. While you may have to help provide information for the forms, someone with experience on immigration matters should be completing the paperwork. You should get your caseworker and the attorney overseeing the process to explain what each step is and list who is responsible for completing each task. If your caseworker is not able to fully explain what is going on, insist that attorney talk to you about what is happening. Unfortunately, in the past some SIJS applications were not completed by CPS for foster youth on time. Let the Court, your CASA and attorney know about concerns about delays and contact that Texas Foster Youth Justice Project if there continues to be delays or if you have concerns.

When you turn 18, if you do not have your green card yet, don’t leave foster care. The court might not be able to issue the order and CPS will probably stop assisting you in applying for SIJS and the green card.

Remember that applying for SIJS status is similar to turning yourself into U.S. Immigration and Customs Enforcement (or ICE). If your SIJS case is denied, immigration has the right to put you into

# SPECIAL IMMIGRATION JUVENILE STATUS AND GREEN CARDS

deportation proceedings, which means they can start the process to return you to your home country even if you don't want to go. It is very important that you discuss everything about your case with your caseworker and attorney and to be completely honest with them when you answer their questions. A criminal record, particularly offenses from when you are 17 or older may keep you from getting a green card. You must disclose all adult juvenile offenses on the forms. Your caseworker and attorney will need to look over your case carefully before filing for SIJS status.

Once you have your green card, you have the right to live and work permanently in the U.S. You also have the right to apply for U.S. citizenship five years later (usually, you must be at least 18 years old). You must pay a high fee to apply to become a citizen and CPS will usually not pay the fee although the local child welfare board might pay it.

Once you have legal immigrant status or become U.S. citizen after getting SIJS status, you will not be able to help your parents immigrate to the U.S. The law bans those who get SIJS from immigrating their parents. If you want to help a parent immigrate, talk to the immigration attorney about whether there are any other immigration options for you.

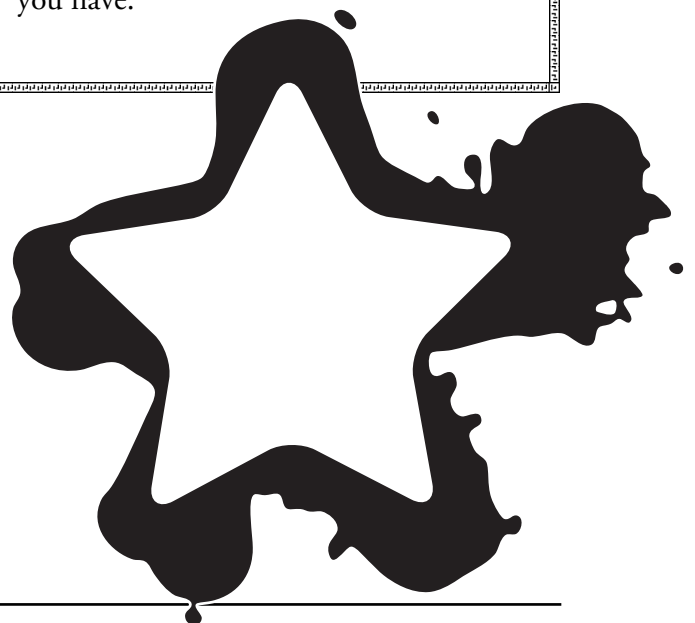
To learn more about green cards, SIJS status and immigrant rights, visit  
[www.ilrc.org](http://www.ilrc.org) or [www.uscis.gov](http://www.uscis.gov).

## Other Possible Ways to Adjust Your Immigration Status

- Victim of Violent Crime (U-Visa)
- Abused by parent or spouse who is a U.S. citizen or permanent residence (VAWA Self-Petition)
- Trafficking Victim - somebody who was brought to the U.S. to be forced to work for little or no wages, or to be a prostitute or involved in the sex trade
- Spouse or parent has a green card and applies for you
- Brother or Sister is a U.S. Citizen and applies for you

Many of these programs have very stringent guidelines. The ones involving your relatives assisting you will probably require you to return to your home country for an extended period of time and your previous illegal entry into the U.S. could disqualify you.

Immigration law is complicated. You must discuss your personal situation with an experienced immigration attorney to determine what options you have.



# SELECTIVE SERVICE – MANDATORY REGISTRATION FOR MEN

67

## Selective Service – Mandatory Registration For Men

Nearly all male U.S. citizens, and any male legal residents living in the U.S., who are 18 through 25 years old, must register with Selective Service. You are first able to register with the Selective Service within 30 days of your 18<sup>th</sup> birthday.

Simply **registering with the Selective Service is not the same as volunteering to join the military.** The Selective Service registry is used only if the U.S. has a military draft. (The U.S. has not had a draft since 1973). In a draft, men are chosen for mandatory military service by random numbers and their year of birth. If there were a draft and if you were chosen, then, before actually joining the military, you would be examined for fitness for service. Also, if there is a draft, men who object to war and killing on moral or religious grounds can apply as a “conscientious objector” and, if approved, can serve in a different role.

You can register for Selective Service online ([www.sss.gov](http://www.sss.gov)), at any post office, by mail, at the Department of Motor Vehicles when you apply for or renew your driver’s license or at most high schools. The form has no space for claiming any exemptions, such as conscientious objection. You can write on the bottom of the registration card: “I am a conscientious objector.” Make a photocopy of the card and mail a copy to yourself the same day you mail it to the Selective Service. You will receive a confirmation from the Selective Service within 30 to 90 days after registering. If you do not receive confirmation, you should contact the Selective Service System at (888) 655-1825. Any time you move before you turn 26, you are also required to update your address with the Selective Service.







There are serious consequences if you don't register for Selective Service. If you don't register, you can be fined up to \$250,000 and imprisoned for up to five years, although no one has been charged since 1986. Plus, if you don't register, then you will not be eligible for financial aid for school, federal job training and government jobs. Male immigrants also are not eligible for citizenship without registering. If you don't register before you turn 26, then you may never be able to get some of those benefits.



## Voting

### Voting Information

When you turn 18, you can vote! To be eligible to vote in Texas, you must first register. You can register to vote in Texas if you are:

-  A United States citizen,
-  At least 18 years old on election day,
-  Not a convicted felon (unless you have completed your sentence, probation and/or parole), and
-  Not declared mentally incompetent by a court.



Here's how you register: first, you must be at least 17 years and 10 months old on the date you apply. Get an application from the Voter Registrar's Office in your county, the Secretary of State's Office, a library, a post office or your high school. You can also register to vote when you apply for or renew your driver's license. Fill out the application and drop it in the mail—postage is free to you. Your application must be postmarked or received by the Voter Registrar's office at least 30 days before the election. When the state receives your application, it will mail a voter registration card. Sign this card and keep it with you when you go to the polls on election day and bring your Texas Identification card or Driver's License when you go to vote.

If you move, you will need to update your voter's registration card.

For more information, contact:

The Texas  
Secretary of State's  
Office at  
(800) 252-VOTE (8683)

Your local County  
Elections  
Administrator

Your local County  
Clerk (listed in the blue  
pages of your  
telephone book)

Voter Registrar  
(Tax Assessor-Collector)



## Criminal Laws For Those Under 18

### Smoking



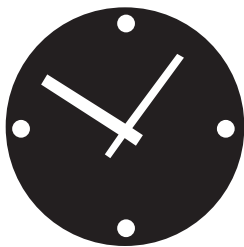
After you turn 18, it is legal for you to purchase, possess, and use tobacco products. If you are under 18, you may be fined, forced to attend a tobacco awareness class, and have your driver's license suspended.

### Tattoos

You may get a tattoo if you are 18. If you are under 18 and lie about your age to get a tattoo, you may be fined or sent to jail.



### Curfews



Most nighttime and school hour curfews do not apply after you turn 18.

## Criminal and Juvenile Records

Any sort of criminal record, from an arrest, to deferred adjudication, to a conviction, is very likely to end up on your “criminal record.” This is true even if it is for something minor in the juvenile court. Your “criminal record” will be accessed by potential employers and landlords, and can prevent you from pursuing all sorts of types of jobs because your record keeps you from getting certified or licensed. There is a lot of misinformation about what will or can show up on your criminal record and it is important that you understand that most of your history probably will show up unless you go to court and get the court to take special action to have it taken out of your record. And for some type of things, a judge will not have authority to remove it from your record. It is best if you never get in trouble with the law, and if you do, that you don’t get in trouble again.

### Juvenile Records

Juvenile records are for anything of a criminal nature that you did before you were 17 years old. Sometimes, even if you are under 17, you can be certified as an adult and the case will be handled in adult criminal court, which means the consequences will be more severe and even more difficult to get off your record.

Some juvenile records can be sealed, meaning they are no longer accessible to anyone.

Sealing records is a complicated process and it does not happen automatically. Before you can ask the court to seal a record, certain things must happen, such as a certain amount of time passing and no further criminal convictions. For more information about sealing records, see Sealing Juvenile Court Records in Texas in the resources section of [www.texasfosteryouth.org](http://www.texasfosteryouth.org).

If you had some sort of juvenile matter that was never resolved, it may come back as a bigger issue once you are over 18, when the court can take much stronger action against you and have you arrested without notice. Often foster youth don’t complete a juvenile case because they moved foster care placements or those that were supposed to help them take care of it, such as their case worker, don’t follow through on it. Don’t assume that no news is good news. Ask your case worker, attorney ad litem, CASA, and foster parent to help you find out what happened to those juvenile cases you had, even if it was just for something like fighting at school.

### Criminal Records

For those crimes that you allegedly commit when you are 17 or older, you will have an adult criminal record. Getting something off your adult criminal record is called expunction. Most adult criminal records will be on your record forever; the law does not allow you to get them off your record unless you are found not guilty or you get a pardon from the Texas governor, who only grants a few each year. You need to have a lawyer review your case to see if you can expunge your record, and to handle filing an expunction request with the court. Before you enter a plea of guilty or deferred adjudication discuss with your attorney what will go on your criminal record, if it will be at all possible to get it off and if so, how you will get it off. You should fully understand the long term consequences before you agree to any plea. Remember these criminal proceedings do not automatically go away.



## Drinking Laws

### Underage Drinking

If you are under the age of 21, it is illegal for you to:

Buy,

Try to buy,

Carry,

OR

Drink

*any* alcoholic beverage. In addition, if you are under the age of 21, it is illegal for you to be drunk in public. It is also illegal to use a false ID or lie about your age to try to get alcoholic beverages.

If you break any of those laws, then you face these consequences:



Class C misdemeanor, punishable by a fine of up to \$500,



Attendance at an alcohol awareness class,



8 to 40 hours community service, and



Loss of your driver's license for 30 to 180 days.

If you are 17 or older and it's your third violation, then you could be fined up to \$2,000, jailed for up to 180 days or both. Your driver's license will also be suspended.

If you have been convicted of breaking the underage alcohol laws before, then your driver's license will be suspended for one year if you do not attend the alcohol awareness training.

### Penalties for Providing Alcohol to a Minor

If you give alcohol to someone under 21, then you can get into a lot of trouble. The punishment for giving *or offering* alcoholic beverages to someone under 21 years old is a class A misdemeanor that can be punished by a fine of up to \$4,000, jail for up to a year, or both. Your driver's license will also be suspended for 180 days.

If you give alcohol to someone and that person hurts someone else—like if he or she gets in a car accident—then you can also be held responsible.

# DRINKING LAWS

## Zero Tolerance Law

By now you have heard the dangers of drinking and driving. About one person is killed every 30 minutes in an alcohol-related car accident. If you drink and drive, you risk your own safety, the safety of everyone in your car and the safety of everyone else on the road. If you hurt someone while driving drunk, you may face serious criminal charges, including homicide.

Even if you do not hurt anyone, there are still serious consequences for driving while under the influence of alcohol. It is illegal for adults over 21 to drive while intoxicated (exceeding the legal limit for alcohol in your system). It is also illegal for anyone under 21 to drive while having *any* alcohol in his or her system. If you are under 21 years old and drive after drinking any alcohol, you face these consequences:



# 1<sup>st</sup>

First offense:

- \* Class C misdemeanor, punishable by a fine up to \$500
- \* Attendance at an alcohol awareness class
- \* 20 to 40 hours of mandatory community service
- \* Loss of your driver's license for 60 days

Second offense:

- \* Class C misdemeanor, punishable by a fine up to \$500
- \* Attendance at an alcohol awareness class
- \* 40 to 60 hours of mandatory community service
- \* Loss of your driver's license for 120 days

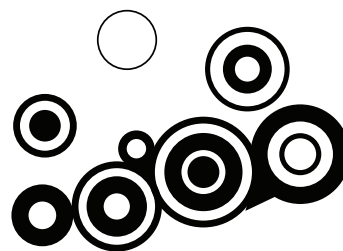
# 2<sup>nd</sup>

Third offense:

# 3<sup>rd</sup>

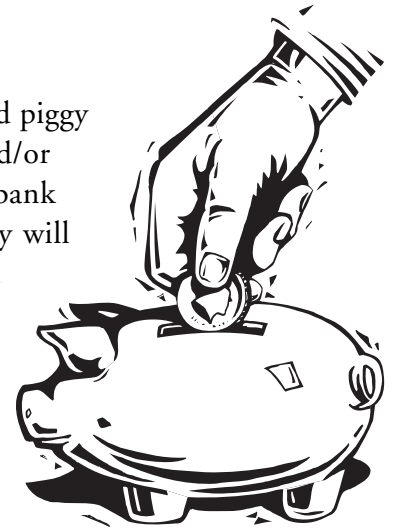
- \* Class C misdemeanor, punishable by a fine up to \$500
- \* Attendance at an alcohol awareness class
- \* 40 to 60 hours of mandatory community service
- \* Loss of your driver's license for 180 days

If you are 17 or older, the fine can be up to \$2,000, and you may be jailed for up to 180 days, or both.



## Managing Your Money & Banking

Unless you are planning to stuff all your cash under a mattress or in the old piggy bank (both bad ideas), you may want to open some type of checking and/or savings account at a bank. Some employers may require you to have a bank account so they can “direct deposit” your paycheck. This means that they will deposit your money directly into your bank account instead of giving you an actual check. If you are getting paid by a check, having a bank account will help you not have to pay check cashing fees that are charged by banks, supermarkets and check cashing stores; 1 or 2% of your check can end up being a lot of money. The good news is that there are more bank options available today than ever before, but that also means that the number of choices can be confusing. Opening a bank account is not for everyone.



### Picking a Bank or Credit Union

There is probably a bank with a branch office near where you live or work. A “branch” simply means a bank location you can walk into and not simply an automated teller machine (ATM). Although so much banking these days can be done on the Internet, at an ATM or over the phone, it is still useful to be able to walk into an actual place where you can speak face-to-face with a bank employee.

### Opening an Account

The big part of choosing a bank or credit union is selecting the one that offers the best account for you, which really depends on your needs and what you will use it for. Don’t assume that all banks are the same or offer the same accounts—they don’t.

Some questions to ask yourself when choosing an account:

Do you need to be able to write checks (to pay rent, bills, etc.)?

Do you need checks cashed?

How do you plan to get your cash out when you need it (ATM or visit a bank branch)?

Are you good at keeping track of your balance?

How much money do you have and expect to have? Will you need loans as well?

Ask the banks about these things when choosing an account:

1<sup>ST</sup>

Minimum Balances: Some accounts require you to maintain a minimum balance that means you must have at least a certain amount of money in the account at all times. If your account ever goes below that amount, then you'll get charged a fee.

Service Charges: Some accounts charge you a monthly fee no matter what. But why bother paying that service charge every month if you can avoid it? There are enough good banks that don't charge fees that it often does not make sense to pay for one that does. Some examples of service charges are: fees for checks, check cashing fees, deposit fees, wire transfer fees, fees to use a teller, overdraft fees and online banking fees.

2<sup>ND</sup>3<sup>RD</sup>

ATM Services: Your bank will most likely charge you a fee for using ATMs that don't belong to them, and some will limit the number of times you can take out cash from your bank's own ATMs (if you go over that number, you'll have to pay an additional fee at some banks). So although they're convenient, ATM's can be expensive. Although rare, some banks offer free ATMs and will even refund you any charges that other banks charge to use their ATMs. If you think you will use ATMs a lot, be sure to ask about these fees.

Overdraft Fees: An overdraft is when you take out more money from your account than you have in it, like when you write checks adding up to more money than you have in your account. If you have an overdraft, the bank will charge you fees. These fees can quickly add up to hundreds of dollars. So, you really need to understand how the bank handles overdrafts, mainly because young adults are more likely to have overdrafts. On a related note, if your check "bounces" because you don't have enough money in your account, the person to whom you wrote the check may charge you fees on top of what you owe them for the check amount. If you don't pay them, then the police can charge you with theft. Bouncing checks can result in you having a criminal record, which may also keep you from getting a job or renting an apartment.

4<sup>TH</sup>

### Checking and Savings Accounts

Banks usually offer two basic account types: checking and savings. Checking accounts should allow you to take money out more often without fees than a savings account, but savings accounts will pay you a greater interest rate for money that you have in your account. ("Interest" is the money banks pay you for having money in your account at their bank or the amount they charge you to borrow money.) It probably makes the most sense to start with a checking account and, if there are no extra fees, to also open a savings account.

If you have a separate savings account, it will be easier for you to set aside money for important things, like saving for a car or for emergencies (a *very* good idea). By doing this, you can learn the concept of “paying yourself first”—that is, automatically putting some money into savings before you’re tempted to spend it. Start small if you have to (a few dollars from each paycheck quickly adds up) and gradually build up.

## Credit Cards and Debit Cards

Once you are an adult, and sometimes even sooner, you may be offered credit cards. Many young adults quickly get into trouble by getting these cards and then not understanding what will happen if they charge purchases and don’t pay their bill in full each month. If you charge a purchase and do not

pay your full credit card balance each month, you’ll be charged a very high rate of interest on the unpaid amount. As a result, the amount you owe is likely to grow faster than you can repay. Sometimes, you might even pay more in interest than you paid for whatever you bought with the credit card!

The best advice when starting out usually is to avoid the credit card trap altogether and wait until you are on your feet before getting a credit card. When you decide to get one, it is best to get one through a reputable bank to avoid the scams. Always check to see how much interest you’ll pay if you don’t pay your balance in full every month. Some credit card companies have lower interest rates, so it’s a good idea to look at different companies’ rates to see what’s available.

A debit card is slightly different from a credit card. Most ATM cards are debit cards. A debit card is like a credit card, meaning you can “charge” purchases, but the amount you charge is immediately taken out of your bank account. So, with a debit card, you will not have a monthly

bill to pay, but if you do not carefully track your spending, you could end up with an overdraft if you “charge” (or withdraw cash) and write checks for more than you have in your account.

### Money Orders

If you need to pay bills and do not have a checking account, you can get a money order at a grocery store or bank. Remember to keep a copy to prove you gave them the money if they say you didn't.

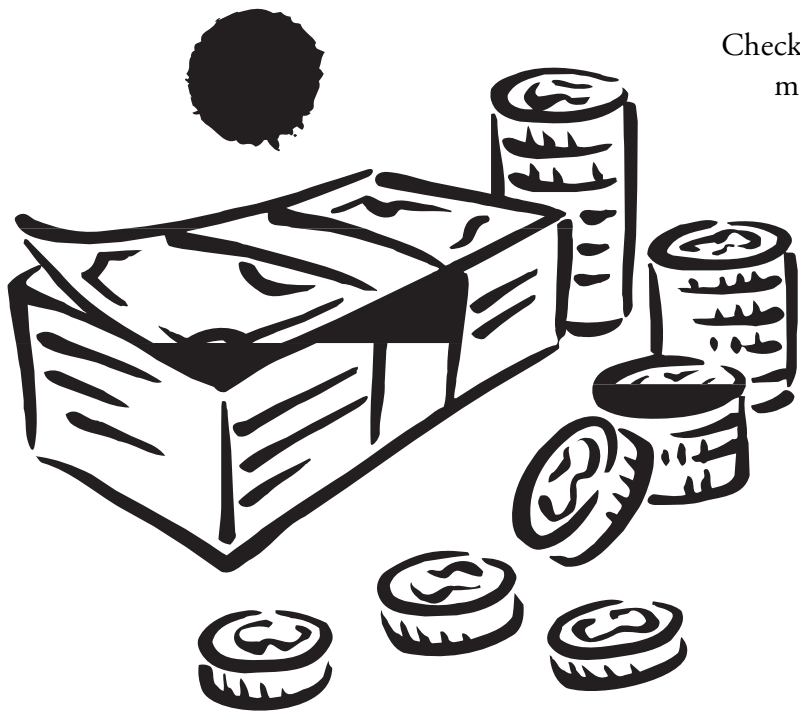
### Payday Loans, Check Cashing, and Pawn Shops

More and more businesses are offering check-cashing services and payday loans. These businesses often charge much more than a bank would charge for cashing the same check.

Many of these places also offer “payday loans”—loans of a small amount that you agree to pay out of your next paycheck. When you take out one of these loans, you are usually asked to give them a check that is dated the date of your next payday. The lender will then cash that check as soon as your next payday happens. However, they will charge very large fees, usually about \$15 for each \$100 you borrow. In other words, if they loan you \$200 until your next paycheck (which is probably less than 2 weeks away), then they will charge you \$230. (It is also important to understand that just because you date a check for two weeks later, that does not stop someone from cashing it before then.) If you use these payday loans, it can be hard to catch up due to all the fees you have to pay. So, please think hard about whether a payday loan is the best choice. You are probably better off waiting until your next paycheck to buy what you want instead of getting a payday loan.

Check cashers may charge you \$3 to get your own money. Banks and grocery stores will often cash checks for free.

Pawnshops may give you a little cash for your television, but if you don't pay them back you will lose your television. This may seem like an easy way to get money quickly, but often does not turn out to be a good idea. If you lost your pawn ticket or have problems, call 1-800-538-1579 or [www.occc.state.tx.us](http://www.occc.state.tx.us).



## Credit

### What is a credit report?

By being aware of your credit score and by regularly checking your credit report, you can be sure that the accounts and balances listed are accurate and up-to-date. This step is also important to protect against “identity theft,” which is when someone uses your name, Social Security number, and other personal information to take out loans and credit cards in your name. Former foster youth are particularly at risk of identity theft because so many people have had access to their persona information, from their biological family, to foster families to many people who have been involved in their care. You can get a *free* copy of your report from all three credit reporting agencies from [www.annualcreditreport.com](http://www.annualcreditreport.com), or by calling (877) 322-8228. You can also send your request by mail to Annual Credit Report Request Service, P.O. Box 105281, Atlanta, GA, 30348-5281. You will be asked to provide your name, address, Social Security number and date of birth and may be asked other questions to verify your identity.

#### Why does credit matter?

Many people don’t realize or understand what a credit report or credit score is, or how much it can affect your life. People will use your credit history when deciding whether to rent you an apartment, give you a loan or hire you for a job. It can also affect how much you’ll pay on interest charges, insurance and even cell phone contracts.

Once you are 16, CPS is required to obtain the credit report for you every year until you leave foster care. CPS staff should review the report with you and show you how to review it and correct inaccuracies. If there are inaccuracies CPS should take the necessary steps to correct them. Once you leave foster care, you should continue to request your credit report from all three agencies every year. You can request each report at different times of the year so you will catch anything that comes up during the year.

When you get your credit report, you will also get a list of everyone who has requested your credit report within the last year, or the last two years if the requests were related to jobs. It is important to review this list because any strange inquiries could also be a sign of identity theft.

Your credit report will be broken into a few main sections:

- § Information about you, including your name, birth date, Social Security number, employer and spouse. It may list your history of jobs, home ownership, income and previous addresses.
- § Payment history includes a list of your accounts with different creditors (like landlords, utilities and credit card companies), how much credit you have, and whether you are current on your payments. If you have an overdue account, it will be listed here.

- \$ List of all creditors or potential employers who have asked for your credit report.
- \$ Public record information including bankruptcies, foreclosures and tax liens.

### What is a credit score?

Your credit score is basically used to predict whether you will pay your bills. When you check your credit report, you should also consider checking your credit score. However, unlike the credit report, you must pay to get your credit score. A credit score is a tool businesses and banks use to help determine whether to give you credit (such as a loan or credit card) and how much to charge you for it. It takes facts from your credit report, like information about your bill paying history and how much money you owe, and uses a formula to award points for each factor. The score, which can range between 300 and 850, is used to predict how likely you are to repay the loan and make the payments on time. Any score over 700 should let you get the best interest rates for loans. The lower your score, the more difficult it is to get a loan or credit card.

### Correcting Credit Reports and Fixing Bad Credit Scores

Once you get your credit report, check for anything that is wrong. Your credit report should tell you how to work with the credit reporting agencies to fix any errors. If you find problems on your credit report that make you believe that you have been the victim of identify theft, then you must contact the credit reporting agencies immediately. You can get detailed guidance and assistance from VICARS (888)343-4414 [www.id.victims.org](http://www.id.victims.org). If you may have been the victim of identity theft, then you may also need to close any bank accounts or credit cards that you currently have open as well as contact the Federal Trade Commission (FTC) and the local police. The FTC website at [www.ftc.gov/idtheft](http://www.ftc.gov/idtheft) can give you more information about the steps you should take.

Once you are sure that all of the information on your credit report is accurate, there is no quick or easy way to fix a bad or mediocre credit score. While infomercials or websites may say they can fix credit scores if you pay them, the only legal way to fix your credit score is by improving your credit habits over time. Credit reporting companies report most negative information for seven years and list bankruptcy information for 10 years.

If you feel like you can't get your finances under control, think about talking to a professional credit counselor. Many credit unions, military bases and colleges offer nonprofit counseling programs that help you work with your creditors to come up with a payment plan you can afford. Many creditors are willing to accept smaller payments if you are working to create a plan to repay your debt with a reputable program.



### Appendix A

#### Rights of Children and Youth in Foster Care

As a child or youth in foster care, I have the right:

1. To good care and treatment that meets my needs in the least restrictive setting available. This means I have the right to live in a safe, healthy, and comfortable place. And I am protected from harm, treated with respect, and have some privacy for personal needs.
2. To know
  - Why am I in foster care?
  - What will happen to me?
  - What is happening to my family (including brothers and sisters) and how CPS is planning for my future?
3. To speak and be spoken to in my own language when possible. This includes Braille if I am blind or sign language if I am deaf. If my foster parents do not know my language, CPS will give me a plan to meet my needs to communicate.
4. To be free from abuse, neglect and exploitation.
5. To fair treatment, whatever my gender, gender identity, race, ethnicity, religion, national origin, disability, medical problems, or sexual orientation.
6. To not receive any harsh, cruel, unusual, unnecessary, demeaning, or humiliating punishment. This includes not being shaken, hit, spanked, or threatened, forced to do unproductive work, be denied food, sleep, access to a bathroom, mail, or family visits as punishment. I will not receive remarks that make fun of me or my family or any threats of losing my placement or shelter.
7. To be disciplined in a manner that is appropriate to how mature I am, my developmental level, and my medical condition. I must be told why I was disciplined. Discipline does not include the use of restraint, seclusion, corporal punishment or threat of corporal punishment.
8. To attend my choice of community, school, and religious services and activities to the extent that it is right for me, as planned for and discussed by my caregiver and caseworker, and based on my caregiver's ability.
9. To go to school and receive an education that fits my age and individual needs.
10. To be trained in personal care, hygiene, and grooming.
11. To comfortable clothing similar to clothing worn by other children in my community.
12. To clothing that does a good job of protecting me against natural elements such as rain, snow, wind, cold, sun, and insects.
13. To have personal possessions at my home and to get additional things within reasonable limits, as planned for and discussed by my caregiver and caseworker, and based on caregiver's ability.
14. To personal space in my bedroom to store my clothes and belongings.
15. To healthy foods in healthy portions proper for my age and activity level.
16. To good quality medical, dental, and vision care, developmental and mental health services that are at least adequate enough for my needs.

# APPENDIX A

## RIGHTS OF CHILDREN AND YOUTH IN FOSTER CARE

17. To be free from unnecessary or too much medication.
18. To visit and have regular contact with my family, including my brothers and sisters (unless a court order or case plan doesn't allow it) and to have my worker explain any restrictions to me and write them in my record.
19. To contact my caseworker, attorneys, ad litem, probation officer, CASA, and Disability Rights Texas (formerly Advocacy Inc.) at any time. I can communicate with my caseworker, CASA, Advocacy, Inc. or my attorney ad litem without limits.
20. To see my caseworker at least monthly and in private if necessary.
21. To actively participate in creating my plan for my services and permanent living arrangement, and in meetings where my medical services are reviewed, as appropriate. To be given a copy or summary of my plan and to review. I have the right to ask someone to act on my behalf or to support me in my participation.
22. To go to my court hearing and speak to the judge.
23. To speak to the judge at a court hearing that affects where I have been placed including status hearings, permanency hearings, or placement review hearings.
24. To expect that my records and personal information will be kept private and will be discussed only when it is about my care.
25. To have visitors, to keep a personal journal, to send and receive unopened mail, and to make and receive private phone calls unless appropriate professionals or a court says that restrictions are necessary for my best interests.
26. To get paid for any work done, except for routine chores or work assigned as fair and/or reasonable discipline.
27. To give my permission in writing before taking part in any publicity or fund raising activity for where I am placed or the agency, including the use of my photograph.
28. To not be forced to make public statements showing my gratitude to the foster home or agency.
29. To receive, refuse, or request treatment for physical, emotional, mental health, or chemical dependency needs separately from adults (other than young adults) who are receiving services.
30. To call the Texas Abuse/Neglect Hotline at 1-800-252-5400 to report abuse, neglect, exploitation, or violation of personal rights without fear of punishment, interference, coercion, or retaliation.
31. To complain to the DFPS Consumer Affairs Office at 1-800-720-7777 and/or Advocacy, Inc. at 1-800-252-9108 if I feel any of my rights have been violated or ignored. To be free from threats of punishment for making complaints and have the right to make an anonymous complaint if I choose.
32. To be told in writing of the name, address, phone number and purpose of the Texas Protection and Advocacy System for disability assistance.
33. To not get pressured to get an abortion, give up my child for adoption, or to parent my child, if applicable.
34. To hire independent mental health professionals, medical professionals, and attorneys at my own expense.
35. To understand and have a copy of the rights of children and youth in foster care.

## Appendix A-2 (Youth 16 and older)

When I am age 16 and older in foster care, I also have the right:

1. To attend Preparation for Adult Living (PAL) classes and activities as appropriate to my case plan.
2. To a comprehensive transition plan that includes planning for my career and help to enroll in an educational or vocational job training program.
3. To be told about educational opportunities when I leave care.
4. To get help in obtaining an independent residence when aging out.
5. To one or more Circle of Support Conferences or Transition Planning Meetings.
6. To take part in youth leadership development opportunities.
7. To consent to all or some of my medical care as authorized by the court and based on my maturity level. For example, if the court authorizes, I may give consent:
  - to diagnose and treat an infectious, contagious, or communicable disease
  - to examine and treat drug addiction
  - for counseling related to preventing suicide, drug addiction, or sexual, physical, or emotional abuse
  - for hospital, medical, or surgical treatment (other than abortion) related to the pregnancy if I am unmarried and pregnant

If I consent to any medical care on my own, without the court or DFPS involved, then I am legally responsible for paying for my own medical care.

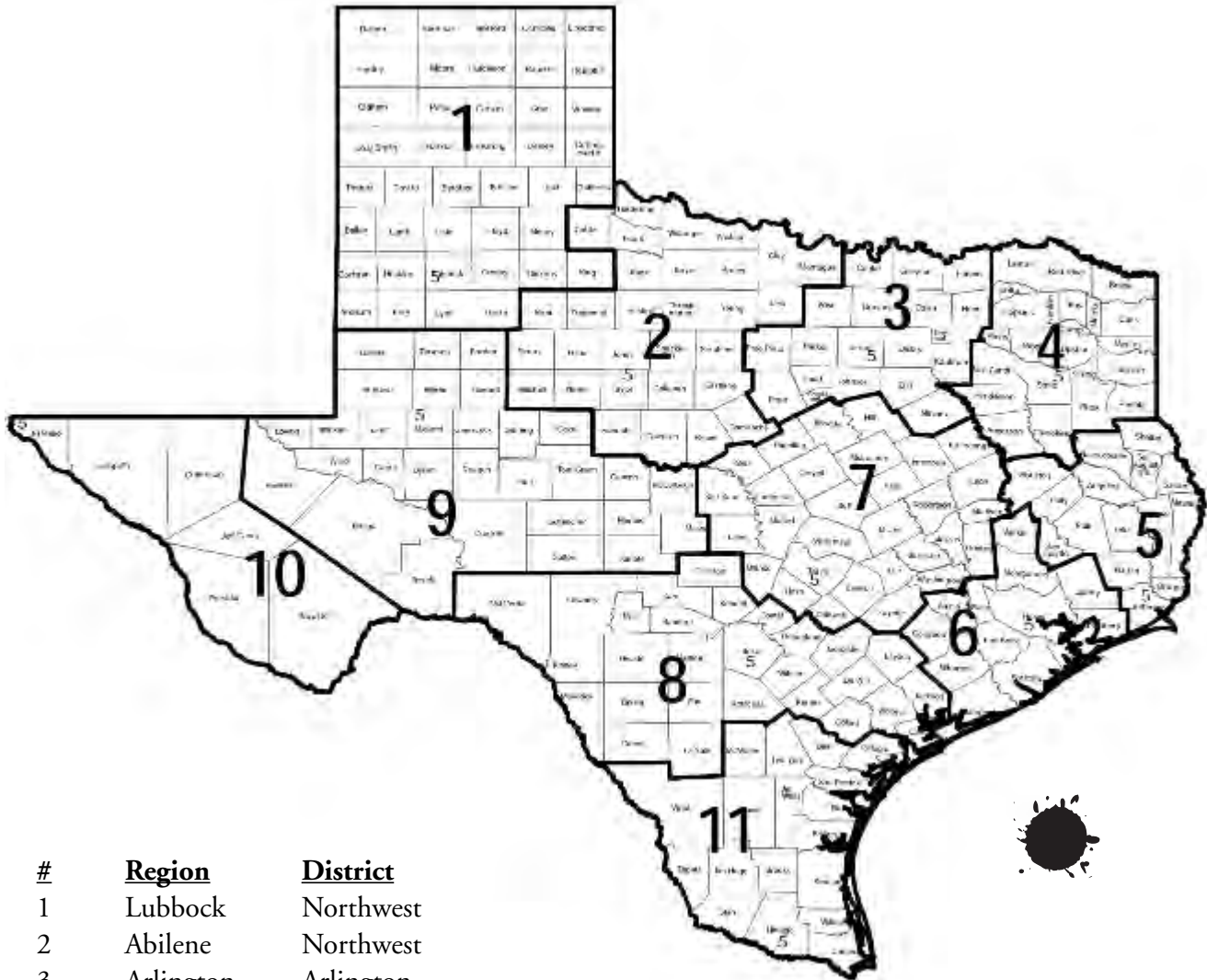
8. To request a hearing from a court to determine if I have the capacity to consent to medical care (Sec 266.010).
9. To help with getting my driver's license, social security number, birth certificate, and state ID card.
10. To seek proper employment, keep my own money, and have my own bank account in my own name, depending on my case plan and age or level of maturity.
11. To get necessary personal information within 30 days of leaving care, including my birth certificate, immunization records, and information contained in my education portfolio and health passport.





## Appendix B

### DFPS Regions



#	<u>Region</u>	<u>District</u>
1	Lubbock	Northwest
2	Abilene	Northwest
3	Arlington	Arlington
4	Tyler	East Central
5	Beaumont	East Central
6	Houston	Houston
7	Austin	East Central
8	San Antonio	South Texas
9	Midland	Northwest
10	El Paso	Northwest
11	Edinburg	South Texas



## Appendix C

### Court Checklist for Youth Aging Out of Foster Care

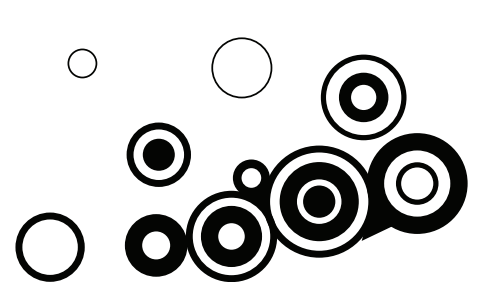
Before a youth's foster care case is closed, the Texas Department of Family and Protective Services caseworker assigned to the case should provide the youth with the following items.

#### General Information

- \_\_\_\_\_ Original birth certificate.
- \_\_\_\_\_ Original Social Security card.
- \_\_\_\_\_ Identification card or driver's license.
- \_\_\_\_\_ Immigration documents.
- \_\_\_\_\_ A copy of the final court order and case file.
- \_\_\_\_\_ A copy of the CPS file on a computer disk.
- \_\_\_\_\_ Any information relating to the youth's personal bank account or any trust funds established on behalf of the youth.
- \_\_\_\_\_ Any information regarding child support.
- \_\_\_\_\_ Information explaining how to obtain Section 8 or Subsidized Housing.

#### Education Information

- \_\_\_\_\_ Official school records from all schools attended.
- \_\_\_\_\_ Last report card.
- \_\_\_\_\_ Official high school transcript.
- \_\_\_\_\_ For special education students:
- \_\_\_\_\_ The youth's most recent ARD report
- \_\_\_\_\_ The youth's most recent evaluation.
- \_\_\_\_\_ Information on how the youth can continue working towards graduation until the age of 21.
- \_\_\_\_\_ If a youth is not graduating from high school, information about getting a GED and Job Corps.
- \_\_\_\_\_ Verification from PAL coordinator or Aftercare Case Manager of eligibility for:
- \_\_\_\_\_ Transitional Living Allowance
- \_\_\_\_\_ Aftercare Room and Board Assistance
- \_\_\_\_\_ Education and Training Voucher Program
- \_\_\_\_\_ College Tuition and Fee Waiver
- \_\_\_\_\_ Detailed instructions on how to access the services including contact phone number, forms to be used, and where to find them on the internet.
- \_\_\_\_\_ Information on the appeal process if the youth does not receive the Transitional Living Allowance or another benefit.
- \_\_\_\_\_ Contact information of the youth's PAL coordinator and Aftercare Case Manager.



### Medical Information

- \_\_\_\_\_ Complete medical and dental reports, exams, and logs.
- \_\_\_\_\_ Complete list of psychoactive medication prescribed and administered at any time in the child's history.
- \_\_\_\_\_ Information regarding Supplemental Security Insurance (SSI) or any other type of disability, such as Home and Community-Based Services (HCS) and other Medicaid waiver programs.
- \_\_\_\_\_ Original Medicaid card.
- \_\_\_\_\_ Record of immunizations.
- \_\_\_\_\_ Details on the follow-up medical, dental, psychiatric, and therapy appointments that are scheduled or need to be scheduled.
- \_\_\_\_\_ Adequate supply of medication including instructions on how to access refills, a copy of any paperwork that must be submitted, names of participating pharmacies or locations where medications can be obtained?
- \_\_\_\_\_ Psychological evaluations (if applicable).
- \_\_\_\_\_ Information on how to obtain affordable mental health and medical care.

### Employment/Job Training

- \_\_\_\_\_ Information on enrolling in a job training program.
- \_\_\_\_\_ If the youth is disabled, information about applying for services from the Department of Assistive and Rehabilitative Services (DARS).

The DFPS caseworker should have also completed and filed the following:

- \_\_\_\_\_ Petition for Special Immigrant Juvenile Status, U.S. Citizenship and Immigration Services Form I-360
- \_\_\_\_\_ Transitional Medicaid application or other health insurance form
- \_\_\_\_\_ Supplemental Security Insurance (SSI) application
- \_\_\_\_\_ Department of Assistive and Rehabilitative Services application, if youth is disabled
- \_\_\_\_\_ Applications for public assistance such as food stamps
- \_\_\_\_\_ Application for services from the Department of Assistive and Rehabilitative Services (DARS), if the youth is disabled.





## Appendix D

### Useful Resources

1.

Texas Foster Care Handbook for Youth is available in English, Spanish and accessible for people with disabilities: [www.dfps.state.tx.us/txyouth/resources/Texas/default.asp](http://www.dfps.state.tx.us/txyouth/resources/Texas/default.asp)

2.

Street Smart Guides are available at [www.texasfosteryouth.org](http://www.texasfosteryouth.org) or at [www.texasbar.org](http://www.texasbar.org).

**Street Smart Austin: Know Your Rights!**

**Street Smart Corpus Christi: Know Your Rights!**

**Street Smart Dallas: Know Your Rights!**

**Street Smart El Paso: Know Your Rights!**

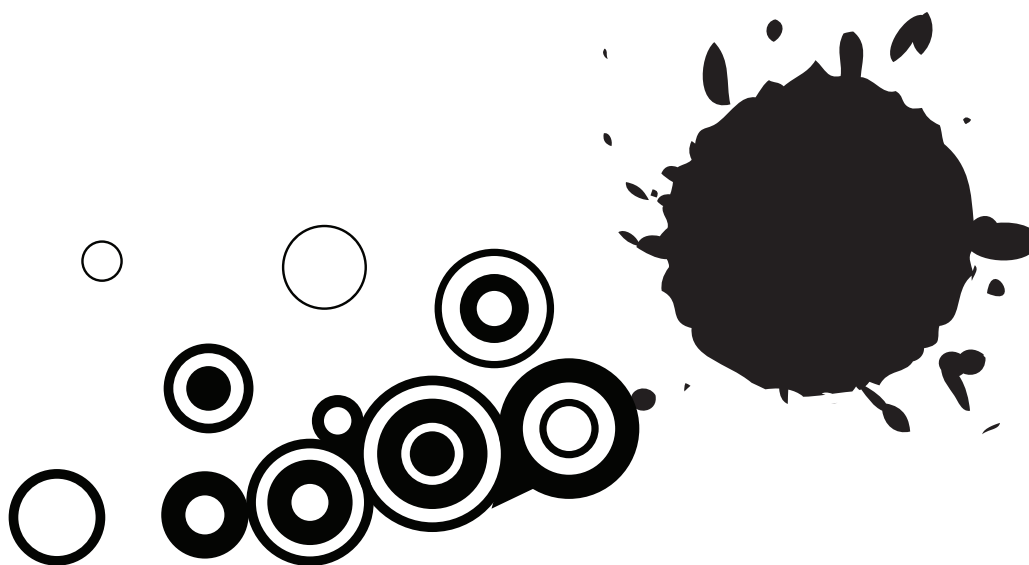
**Street Smart Fort Worth: Know Your Rights!**

**Street Smart Houston: Know Your Rights!**

**Street Smart San Antonio: Know Your Rights!**

3.

**Sealing Juvenile Court Records in Texas** is available at [www.texasfosteryouth.org](http://www.texasfosteryouth.org)







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*This publication is printed with generous support from the Texas Bar Foundation and  
The Supreme Court of Texas Permanent Judicial Commission for Children, Youth and Families' Court Improvement Program.*

